

Real Good Feel Good

COPPERKNOB
BY SHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Unknown - November 2024
音樂: Aw Naw - Chris Young
或: That's My Kind of Night - Luke Bryan
或: Honky Tonk Badonkadonk - Trace Adkins



No Tags No Restarts

[1-8] (Cross Hitch x3, Swing Leg x3)

1-4 R Cross Hitch x2
5-6 R Cross Hitch, Swing R Leg Outwards
7-8 Swing R Leg Inwards & Back Outwards
(swinging leg back outwards for count 8 do with a Right Quarter Turn)

[9-16] (Stomp & Hold x2, Step Backwards x4)

1-2 Stomp R, Hold
3-4 Stomp L, Hold
5-8 Step Back R, L, R, L
(counts 5-8 add Alternating Feet Swivels while stepping back)

[17-24] (Step Heel Grind x2, Kick, Hitch)

1-4 Step R w/ Inward Heel Grind x2
5-6 Step R, Kick Left
7-8 Step Back L, Hitch R Back

[25-32] (Stomp & Hold x2, Hip Sway x4)

1-2 Stomp R, Hold
3-4 Stomp L, Hold
5-8 Hip Sway R, L, R, L

[33-40] (Grapevine, Slide x2)

1-4 R Grapevine
5-6 Slide L, Bring R Together
7-8 R Quarter Turn, Slide R, Bring L Together

[40-48] (Toe Tap, Reach Hand Outward x2, Hip Thrust)

1-2 R Outward Toe Tap, Cross R over L
3-4 Unwind Half Turn
5-6 Put R Hand Forward, Put L Hand Forward
7-8 Hip Thrust Forward
(alternative move for count 5-8: Hold for counts 5-6 & "drop it like its hot" for counts 7-8)