Hold My Horses

拍數: 32

級數: Beginner

編舞者: MP Country (FR) - 9 November 2024

音樂: Hold My Horses - Max Jackson

Sequences: 32 - 32 - 16R - 32 Until the end

S 1 SIDE TOUCH R – L, VINE R IN ¼ TURN L

- 1-2-3-4 RF to the R, Touch LF next to RF, LF to the L, Touch RF next to LF
- 5-6-7-8 1/4 Turn L – RF to the R, Cross LF behind RF, RF to the R, Touch LF next to RF 9:00

S 2 SIDE, TOGETHER, CHASSE L, TRIPLE FWD, STEP, SCUFF

- 1-2 LF to the L, Together (weight on RF)
- 3&4 LF to the L, Together, LF to the L
- 5&6 RF Fwd, Together, RF Fwd
- 7 8 LF Fwd, Scuff RF

HERE RESTART 3rd Wall (Facing 3:00)

S 3 BACK R - L - R, HOOK, STEP, POINT R - FWD - R

- 1-2-3-4 RF Back, LF Back, RF Back, Hook
- 5-6-7-8 LF Fwd, Point R to the R, Point R Fwd, Point R to the R (weight on LF)

S 4 BACK ROCK, STEP TURN, ROCKING CHAIR

- 1-2 RF Back, Recover on LF
- 3-4 RF Fwd, ¹/₂ Turn L (weight on LF) 3:00
- RF Fwd, Recover on LF, RF Back, Recover on LF * 5-6-7-8

* Option : JAZZ BOX : Cross RF over LF, LF Back, RF to the R, Together (weight on LF)





牆數:4