

If I Knew Bocelli

拍數: 48 牆數: 2 級數: Phrased High Intermediate
編舞者: Chandrani Eilena Emmiyan (INA) - November 2024
音樂: If I Knew - Matteo Bocelli & Sofia Carson



Sequence : A A B C C – A A C C – A A C C – A A

Intro: 8 Counts

PHRASE A (1 – 8) HEEL DOWN & BOWING, RECOVER, RUN BACKWARD R L R , RECOVER WITH SWEEP, CROSS OVER, ¼ BACK, ¼ WITH SWING

Note : Start with body weight on L, Point R forward

- 1-2 Step R heel down & bowing upper body downward, Recover onto L & straightening body upward
- 3&4 Step R back, Step L back, Step R back (looking back to right shoulder, specially when the words “ looking back“ was mentioned)
- 5-6& Recover onto L & sweep R from back to front, Cross R over L, Turn ¼ to right & step L back (3.00)
- 7-8& Turn ¼ to right & step R to side while swinging L upward (6.00), Step L downward & sway upper body to left, Step in place on R & sway upper body to right

PHRASED A (9 – 16) SLIDE & DRAG,

- 1-4 Slide L to left side while dragging R toward L (in 2 counts), Cross R over L & turn ¾ to left, Step L in place (9.00)
- 5-6 Turn ¾ to right & step R in place while sweeping L from back to front in 2 counts (6.00)
- 7-8 Step L forward while sweeping R from back to front, Pointing R forward

Note: When the sequence changes from A to C, adjusting the 10.30 to start the dance

PHRASE B (1 – 16) FULL OF DIAMOND FALL AWAY

- 1-4 Cross R over L, Step L to left side, Turn 1/8 to right & step R back while dragging L towards R in 2 counts (1.30)
- 5-8 Step L back, Turn 1/8 to right & step R to right side (3.00), Turn 1/8 to right & step L forward while dragging R towards L in 2 counts (4.30)
- 1-4 Step R forward, Turn 1/8 to right & step L to left side (6.00), Turn 1/8 to right & step R back while dragging L towards R in 2 counts (7.30)
- 5-8 Step L back, Turn 1/8 to right & step R to right side (9.00), Turn 1/8 to right & step L forward, Hold (10.30)

PHRASE C (1 – 8) FORWARD ROCK RECOVER, ½ RIGHT FORWARD, ½ RIGHT BACK WITH SWEEP, SQUARING SAILOR STEP, SWAY R L, BASIC NC TO RIGHT

- 1-2&3 Step R forward, Recover onto L, Turn ½ to right & step R forward (4.30), Turn ½ to right & step L back while sweeping R from front to back (10.30)
- 4&5-6 Squaring to 12.00 & step R back, Step L to left side, Recover onto R with upper body sway to right, Recover onto L with upper body sway to left
- 7-8& Slide R to right side, Step L slightly behind R, Cross R over L

PHRASED C (9 – 16) BASIC NC TO LEFT, ¼ RIGHT FORWARD WITH SWEEP, CROSS, SIDE, DIAGONAL BACK WITH KICK, STEP, SQUARING TO SIDE, DIAGONAL BACK WITH KICK

- 1-2& Slide L to left side, Step R slightly behind L, Cross L over R
- 3-4&5 Turn ¼ to right & step R forward while sweeping L from back to front (3.00), Cross L over R, Step R to right side, Turn 1/8 to left & step L back while swinging R a little bit upward
- 6&7-8 Step down R, Squaring to 3.00 & step L to left side, Turn 1/8 to right & step R back while swinging L a little bit upward (4.30), Step down L

Note: When the sequence changes from C to A, adjusting the 12.00 to start the dance

Happy dancing - Dancing from the heart

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