Welcome to the Plains

級數: Improver

編舞者: Jeff Richards (USA) - November 2024

音樂: Welcome To The Plains - Wyatt Flores

Intro: 32 Counts Two tags and two restarts

拍數: 32

Wizard Right, Wizard Left, Rock-Recover, Triple half turn

- 1-2& Step R forward to right diagonal, Step L behind R, Step R forward to right diagonal
 3-4& Step L forward to left diagonal, Step R behind L, Step L forward to left diagonal
 5-6 Rock R forward, recover weight back onto L
- 7&8 Step R to right side with ¼ turn to right (3:00), Step L next to R, Step R to right side with ¼ turn to right (6:00)

Funky Turn, Cross-Side-Sailor with 1/4 turn

- Step L with ¼ turn over right shoulder (9:00), step R with ¼ turn over right shoulder (12:00)
 Step L with ¼ turn over right shoulder (3:00), step R with ¼ turn over right shoulder (you end facing the 6:00 wall)
- 5-6-7&8 Cross L over right, step R to right side, cross L foot behind right, step R back with ¼ turn to left (3:00), step L forward

Restart: Restart here on wall 4 (facing 6:00)

1/2 Turn, 1/2 Turn, Triple Step, Pivot Turn, Triple Step

- 1-2 Step R back with ½ turn over left shoulder (9:00), step L forward with ½ turn over left shoulder (3:00)
- 3&4 Step R forward, step L next to right, step R forward

Restart: Restart here on wall 8 (facing 12:00) NOTE: Replace triple step on count 3&4 with 2 walks (R, L), so weight ends on your left foot to restart the dance with your right wizard.

- 5-6 Step L forward, ¹/₂ turn over right shoulder, shift weight onto right (9:00)
- 7&8 Step L forward, step R next to left, step L forward (optional stomp-stomp, especially during "knocking at my door" lyrics)

Mambo Forward, Mambo Back, Jazz Box

- 1&2 Step R forward, Step L in place, Step R next to left
- 3&4 Step L back, Step R in place, Step L next to right
- 5-6-7-8 Cross R over left, step L back, step R to right side, step L next to right (weight ends up on left foot facing 9:00)

Tags: happen after wall 2 (facing 6:00) and after wall 5 (facing 3:00)

Heel Switches, Pivot Turn x2

- 1-2-3-4 Tap R heel forward, step R next to left, tap left heel forward, step L next to right
- 5-6-7-8 Step R forward, ½ turn over left shoulder, shift weight onto left, Step R forward, ½ turn over left shoulder, shift weight onto left





牆

牆數:4