

Apateu

COPPERKNOB
STEPSHEETS

拍數: 96 牆數: 2
編舞者: Liyan (INA) - November 2024
音樂: APT. - ROSÉ & Bruno Mars



Intro : Start On Vocal

Sequence : A B C A B C A B(16) B C C A A

A : 32 Count

Section 1 Toe Struts

1 2 3 4. Touch RF Toe Fwd Diag R (1), Drop RF Heel in Place (2), Touch LF Toe Fwd Diag L (3),
Drop LF Heel in Place (4)
5 6 7 8 Touch RF Toe Fwd Diag R (5), Drop RF Heel in Place (6), Touch LF Toe Fwd Diag L (7),
Drop LF Heel in Place (8)

Section 2. Double Step, Side, Hold, Nod a Head

1 2 3 4. Step RF to R (1), Closed LF Next To RF (2), Step LF to L (3), Closed LF next to RF (4)
5 6 7 8 Step RF to R (5), Hold (6), bow your head down, turning to L (7), Head Up (8)

Section 3 Toe Struts

1 2 3 4. Touch LF Toe Fwd Diag L (1), Drop LF Heel in Place (2), Touch RF Toe Fwd Diag R (3),
Drop RF Heel in Place (4)
5 6 7 8 Touch LF Toe Fwd Diag L (5), Drop LF Heel in Place (6), Touch RF Toe Fwd Diag R (7),
Drop RF Heel in Place (8)

Section 4 Double Step, Side, Hold, Nod a Head

1 2 3 4. Step LF to L(1), Closed RF Next To LF (2), Step LF to L (3), Closed RF next to LF (4)
5 6 7 8 Step LF to L (5), Hold (6), Bow your head down, turning to R (7), Head Up (8)

B 32 Count

Section 1 Toe Struts, Rock Forward, Back

1 2 3 4. Touch RF Toe Fwd Turning 1/8 R (1), Drop RF Heel in Place (2), Touch LF Toe Fwd Diag L
(3), Drop LF Heel in Place (4) (1:30)
5 6 7 8. Rock RF Fwd (5), Recover Onto LF (6), Step RF Back (7), Drag LF Hell Towards RF (8)

Section 2 Rock Back, Forward, Hold,Side, Bounce

1 2 3 4. Rock LF Back, Recover Onto RF (1), Recover Onto RF (2), Step LF Fwd (3), Hold (4)
5 6 Step RF to R Turning 1/8 L (5) (12:00, Closed LF Next To RF Turning 1/8 L (6) (10:30),
&7&8 Lift Both Heels Up (&), Lower Both Heels Down (7,) Lift Both Heels Up (&), Lower Both Heels
Down (8)

Section 3 Cross, Point

1 2 3 4. Cross RF Over LF (1), Touch LF Toe to R Turning 1/8 R (2) (12:00), Cross LF Over RF (3)
Touch RF Toe To R (4)
5 6 7 8 Cross RF Over LF (5), Touch LF Toe to R (5) , Cross LF Over RF (6) Touch RF Toe To R (8)

Section 4 Back, Jump, Hold

1 2 3 4 Step RF Back (1), Step LF Back (2), Step RF Back (3), Closed LF Next to RF (4)
5 6 7 8 Jump on Both Feet (5), Land with both feet in an open position (6) , Hold (7,8)

C 32 Count

Section 1 Kick

1 2 3 4. Kick RF Fwd (1), Step RF In Place, Kick LF Fwd (3), Step LF in Place (4)
5 6 7 8. Kick RF Fwd (5), Step RF In Place (6), Kick LF Fwd (7), Step LF Back (8)

Section 2 Back, Touch

1 2 3 4 Step RF Back Diag R (1), Touch LF Toe Next To RF (2), Step LF Back Diag L (3), Touch RF
Toe Next To LF (4)
5 6 7 8 Step RF Back Diag R (5), Touch LF Toe Next To RF (6), Step LF Back Diag L (7), Touch RF
Toe Next To LF (8)

Section 3 Side, Close, Side, Touch

1 2 3 4 Step RF To R (1), Closed LF Next To RF (2), Step RF To R (3), Touch LF Toe Next To RF
(4)
5 6 7 8 Step LF To L (5), Closed RF Next To LF (6), Step LF To L (7), Touch RF Toe Next To LF (8)

Section 4. Charleston, Run

1 2 3 4 Step RF Fwd (1), Kick RF Fwd (2), Step LF Back (3), Touch RF Toe Back (4)
5 6 7 8 Step RF Fwd Turning 1/8 R(1), Step LF Fwd Turning 1/8 R (2), Step RF Fwd Turning 1/8
R(7), Step LF Fwd Turning 1/8 R (8) (06:0)

Contact

Wenardy84@gmail.com
