

# Cuan

拍數: 128      牆數: 2      級數: Phrased Intermediate  
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音樂: Cuan - Denada



Sequences : AAB Taq AA CCB Tag - AAD - AAA

TAG (4C) : JAIPONG STYLE

1234              Sway inplace RLRL

(you can add hand movements)

## PART A. 32C

### S1. R. SIDE ROCK - RECOVER, BACK ROCK - RECOVER, LINDY STEP

1234.              Rock RF to R, Recover onto LF, Rock back on RF, Recover onto LF

5&6.              Step RF to R, Step LF beside RF, Step RF to R

78.                Rock back on LF, Recover onto RF

### S2. L. SIDE ROCK - RECOVER, BACK ROCK - RECOVER, LINDY STEP

1234.              Rock LF to L, Recover onto RF, Rock back on LF, Recover onto RF

5&6.              Step LF to L, Step RF beside LF, Step LF to L

78.                Rock back on RF, Recover onto LF

### S3. FORWARD TOE STRUT R/L, ½L. PIVOT, ROCK FORWARD - RECOVER

1234.              Touch RF toe fwd, Drop heel inplace, Touch LF toe fwd, Drop heel inplace

56.                Step RF fwd, Turn ½L. Step LF forward

78.                Rock RF forward, Recover onto LF

### S4. SCISSORS - HOLD R/L

1234.              Step RF to R, Step LF beside RF, Cross RF over LF, Hold

5678.             Step LF to L, Step RF beside LF, Cross LF over RF, Hold

## PART B. 32C

### S1. R. BIG STEP - DRAG/POINT TOGETHER, R. HIPS BUMP, ¼L. LONG STEP - DRAG/POINT TOGETHER, L. HIPS BUMP

1234              Big step RF to R, Drag LF next to RF weight on RF, Hip Bump to R 2X

5678.              Turn ¼L. Long step LF fwd, Drag RF next to LF weight on LF, Hip bump to L 2X

### S2. WALK BACKWARD RLR- L TOGETHER, ½L. WALK BACKWARD RLR - L TOGETHER

1234.              Walk Backward ( RLR- LF together beside RF) while doing movements like pulling a kite

5678.              Turn ½L. Walk Backward ( RLR - LF together RF) while doing movements like pulling a kite

### S3. R E P E A T ( S1 )

### S4. R E P E A T ( S2 )

## PART C. 32C

### S1. WEAVE - L. POINT, ½L. WEAVE - TOUCH TOGETHER

1234.              Cross RF over LF, Step LF to L, Cross RF behind LF, Touch LF to L

5678.              Cross LF over RF, Turn ¼L. Step back on RF, Turn ¼L. Step LF to L, Touch RF beside LF

### S2. BOTAFOGO R/L, ROCKING CHAIR WITH SHIMMY

1&2.              Cross RF over LF, Rock LF ball to L, Recover onto RF

3&4.              Cross LF over RF, Rock RF ball to R, Recover onto LF

5678.              Rock RF fwd, Recover onto LF, Rock back on RF, Recover on LF

**(while SHIMMY)**

**S3. ¼R. HALF DIAMOND FALLAWAY, RUN - RUN**

- 1&2. Cross RF over LF, Turn ¼R. Step LF to L, Step back on RF
- 3&4. Step back on LF, Turn ¼R. Step RF to R, Step LF fwd
- 5&6. Triple steps forward RLR
- 7&8. Triple steps forward LRL

**S4. ROCKING CHAIR, ¾R. WALKFORWARD**

- 1234. Rock RF fwd, Recover onto LF, Rock back on RF, Recover onto LF
- 5678. Turn ¼R Step RF fwd, Turn ¼R. Step LF fwd, Turn ¼R. Step RF fwd, Step LF fwd

**PART D. 32C**

**S1. JUMP & POINT - HOLD R/L ( improve your hands movement)**

- 1234. RF jumps slightly to R - weight on the RF & hold
- 5678. LF jumps slightly to L - weight on the LF & hold

**S2. R. CROSS - ¼L. BACKWARD (4X)**

- 1234. Cross RF over LF, Turn ¼L. Step back on LF, Cross RF over LF, Turn ¼L. Step back on LF
- 5678. R E P E A T ( 1234 ) -

**S3. R E P E A T ( S1 )**

**S4. SIDE ROCK - HOLD, RECOVER - HOLD, JAIPONG STYLE ( improve your hands movement)**

- 1234. Rock RF to R - hold, Recover onto LF - hold
- 5678. Rock RF to R while point LF to L, Recover onto LF, Rock RF to R while point LF to L, Recover onto LF

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