

Fly High Froggie

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Helen Parkyn (UK) - November 2024
音樂: Fly High Froggie - Dave Sheriff



STEP RIGHT DIAGONAL, TOUCH LEFT, STEP LEFT DIAGONAL, TOUCH RIGHT, CROSS ROCK RIGHT OVER LEFT, RECOVER, 1/4 TURN RIGHT (3.00), HOLD

1 – 4 step forward right diagonal, touch left beside, step forward left diagonal, touch right
5 – 8 cross rock right over left, recover back on left, making 1/4 right step forward right (3.00), hold

STEP, PIVOT 1/2 RIGHT (9.00), STEP, HOLD, TRIPLE FULL TURN LEFT, HOLD

1 – 4 step forward left, pivot 1/2 right (9.00), step forward left, hold
5 – 8 triple full turn left (or walk forward right, left, right), hold

CROSS ROCK, RECOVER, SIDE, HOLD, WEAVE

1 – 4 cross rock left over right, recover back on right, step left to side, hold
5 – 8 step right over front of left, step left to side, cross right behind left, step left to side

CROSS ROCK, RECOVER, SIDE, HOLD, JAZZ BOX & TOUCH

1 – 4 cross rock right over left, recover back on left, step right to side, hold
5 – 8 cross left over front of right, step back right, step left to left side, touch right beside

END OF DANCE START AGAIN

TAGS: 2 X TAGS – MODIFIED TURNING K STEP - end of 2, and end of 7

1 – 4 step forward right diagonal, touch left beside, step back left diagonal, touch right
5 – 8 making 1/2 turn right step forward right, touch left, step forward left diagonal, touch right
9 – 12 step back right diagonal, touch left, making 1/2 turn left step forward left, touch right

ENDING on last jazz box make 1/4 turn left to face front
