

A Former Lover (你不再属于我)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Erni Jasin (INA) - November 2024
音樂: Ni Bu Tai Shu Yu Wo (你不再属于我) - Chen Xi (晨熙)



No Tag, No Restart!

Intro : Start on vocal.

S1: BASIC NC, 1/4L (X2), PASSES, BASIC NC, 3/8 R SAILOR

1 2& Rf Big step to side (1), Lf slightly close behind Rf (2), cross Rf over Lf (&)
3 4& 1/4L Step Lf fwd (3), 1/4L step Rf side (4), cross Lf over Rf (&) (6:00)
5 6& Rf Big step to side (5), close Lf slightly behind Rf (6), cross Rf over Lf (&)
7 8& Step Lf fwd and make 3/8 turn R with sweep Rf from front to back (7), cross Rf behind Lf (8),
step Lf side (&) (10:30)

S2: FWD, TOUCH BEHIND, BACK SWEEP/RONDE, CROSS BEHIND, 1/8 R, SIDE, CROSS ROCK, RECOVER, SIDE, 1/4 R SYNC JAZZ BOX, CROSS

1 2& Step Rf fwd (1), step Lf fwd (2), touch Rf behind Lf (&)
3 4& Step Rf back with sweeping Lf from front to back (Ronde), cross Lf behind Rf (4), make 1/8
turn R (squaring to 12:00) step Rf side (&)
5 6& Cross/rock Lf over Rf (5), recover on Rf (6), step Lf to side (&)
7&8& Cross Rf over Lf (7), 1/8R step Lf back (&), 1/8R step Rf side (8), cross Lf over Rf (&) (3:00)

S3: BIG STEP SIDE, BEHIND, SIDE, CROSS/ROCK, RECOVER, SIDE, SPIRAL 3/4L, SYNC SIDE TOUCH (R&L)

1 2&3 Rf Big step to side (1), cross Lf behind Rf (2), step Rf side (&), cross/rock Lf over Rf (3)
4& Recover on Rf (4), step Lf to side (&)
5 6 Cross Rf over Lf spiral 3/4 turn L keep weight on R (5), step Lf fwd (6) (6:00)
7&8& Step Rf to R side (7), touch Lf next to Rf (&), step Lf to L side (8), touch Rf next to Lf (&)

S4: BACK, HITCH (FIGURE 4), CROSS BEHIND, SIDE, FWD, CHASE TURN, SPIRAL FULL TURN R, FWD

1 2&3 Step Rf back and hitch Lf make a 4 figure at the same time (1), cross Lf behind Rf (2), step
Rf side (&), step Lf fwd (3)
4&5 Step Rf fwd (4), 1/2 turn L step Lf in place (&), step Rf fwd (5)
6&7 Step Lf fwd (6), 1/2 R step Rf in place (&), step Lf fwd and make spiral full turn R keep weight
on L (7)
8& Step Rf fwd (8), step Lf fwd (&)

**Start again from beginning..

Contact: ernij58@gmail.com