

# Stretchy Pants

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Lynne Hoover (USA) - November 2024  
音樂: Stretchy Pants - Carrie Underwood



**Intro: 16 counts - No tags, no restarts**

## **SIDE ROCK, CROSSING SHUFFLE, SIDE ROCK, CROSSING SHUFFLE**

1-2            Rock to R side, recover on to L  
3&4            Cross R over L shuffle RLR  
5-6            Rock to L side, recover on to R  
7&8            Cross L over R shuffle LRL

## **FORWARD ROCK, FULL TURN SHUFFLE, FORWARD ROCK, SHUFFLE ½ TURN LEFT**

1-2            Rock forward on R, recover on to L  
3&4            Shuffle RLR making full turn to R  
5-6            Rock fwd on L, recover on to R  
7&8            Shuffle LRL making ½ turn to L

## **CROSS WALKS (Sassy Walks), MAMBO RIGHT, MAMBO LEFT**

1-4            Cross R over L, cross L over R, cross R over L, cross L over R (bend knees slightly)  
5&6            Step out to R, step on L, step R next to L  
7&8            Step out to L, step on R, step L next to R

## **JAZZ BOX, BACK DRAG x2**

1-2            Cross R over L, step back on L  
3-4            Step on R, step on L  
5-6            Step back on R, drag L next to R taking weight on L  
7-8            Step back on R, drag L next to R taking weight on L

**Last Update: 12 Nov 2024**

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