

5 More Nights

拍數: 48 牆數: 4 級數: Improver
編舞者: Michaela Bennetto (UK) - November 2024
音樂: One More Sleep - Leona Lewis



*1 x 24 count Tag

1-4 RF Cross Recover, Chasse Right
5-8 LF Cross Recover, Chasse Left

1-4 Right Rock Step, Right Coaster Step
5-8 Left Rock Step, Left Coaster Step

1-4 2 x ¼ left paddle
5-8 Cross, Side Left, Heel Jack

1-4 Cross, ¼ Left, Coaster Step
5-8 Jazz Box ¼ turn right **Tag Wall 7**

1-4 Dorothy Right, Dorothy Left
5-8 Right Rock Recover, Shuffle back

1-4 Walk back L,R,L, Sit Back/Pop Left Knee, Recover
5-8 ¼ turn left, Left Heel and Hook

Tag on Wall 7 after Jazz Box

1-4 Right Knee Hitch, Shuffle Back L,R,L
5-8 Right Rumba Box Back

1-4 Right Foot Forward Lock Step, Step Forward, ¼ Pivot Right, Left Foot Cross
5-8 Right Step, LF Drag, Rock, Left Step, RF Drag, Rock

1-8 ¼ Turn Left, Figure of 8 Right

Last Update – 5 Nov. 2024 – R1