Your Horses

拍數: 64

級數: Intermediate

編舞者: Thunder Gomes (DE) - October 2024

音樂: Hell On Yer Women - Brenn Hill

Workshop at the Catalan Weekend White Eagles 25.10 til 27.10.2024

Note: The dance begins with the lyrics "Watched my ..." Sequence: A - Tag - A - A - A short (restart) - A - Tag - A - A - A - A - A (final)

Sekt1 rocking chair, step 1/2 pivot left, step r, lock I behind r

- 1-2 Step forward on RF (slightly lift LF) – weight back on LF
- 3-4 Step back on RF (slightly lift LF) - weight back on LF
- 5-6 Step forward on RF – $\frac{1}{2}$ turn left on balls of both feet (end with weight on LF)
- 7-8 Step forward on RF - lock LF behind RF

Sekt2 step r, scuff I, step-lock-step with I, stomp up r next to I, stomp up r forward, kick r

- 1-2 Step forward on RF – scuff LF next to RF
- 3 Step forward on LF (on Wall 4, hold here and restart)
- Step forward on LF lock RF behind LF 4
- 5-6 Step forward on LF - stomp RF next to LF
- 7-8 Stomp up RF forward - kick RF forward

Sekt3 cross r infront I and I flick, step back and r foot kick, kick I and r foot down, cross I infront r and r foot flick, back rock r, recover to I, stomp up r 2*

- 1-2 (Jumping) Cross RF over LF while flicking LF behind – step back on LF while kicking RF
- 3-4 (Jumping) Kick LF and set RF down - cross LF over RF and flick RF
- 5-6 (Jumping) Step back on RF, lift LF - weight back onto LF

(In final Wall 11, slow down on steps 7-8 and dance Section 4 slowly)

7-8 Stomp up RF next to LF – stomp up RF next to LF

Sekt4 Grapevine r, rolling vine l, scuff r

- Step right on RF cross LF behind RF 1-2
- Step right on RF touch LF beside RF 3-4
- 5-6 $\frac{1}{4}$ turn left stepping onto LF – $\frac{1}{2}$ turn left stepping back on RF
- 1/4 turn left stepping onto LF scuff RF forward 7-8

Sekt5 vaudeville left with toe touch back r, kick r 2*, touch r back, ½ pivot turn r

- 1-2 Cross RF over LF – small step left with LF (slightly back)
- 3-4 Tap RF heel diagonally forward right – tap RF toe behind
- 5-6 Kick RF forward 2x
- 7-8 Touch RF toe back – 1/2 turn right on balls of both feet, ending with weight on RF (6 o'clock)

Sekt6 scissors cross I, scuff r, out-out , in-hold

- 1-2 Step back slightly left with LF – place RF next to LF
- 3-4 Cross LF over RF - scuff RF heel forward
- 5-6 Step diagonally forward right on RF - step diagonally forward left on LF
- 7-8 Step back on RF - hold

Sekt7 coaster step, scuff r, Rock forward, 1/2 turn r/rock forward

- 1-2 Step back on LF - step RF next to LF
- 3-4 Step forward on LF - scuff RF heel forward
- Step forward on RF (slightly lift LF) weight back on LF 5-6





牆數: 2

7-8 ¹/₂ turn right stepping forward on RF (slightly lift LF) – weight back on LF

Sekt8 rock back/kick, stomp r forward 2*, jazzbox with stomp

- 1-2 Jump back on RF, kick LF forward jump back onto LF
- 3-4 Stomp RF forward 2x (no weight transfer)
- 5-6 Cross RF over LF step back on LF
- 7-8 Step slightly forward right on RF stomp LF next to RF

Tag (after wall 1 and 5)

Sekt1 rocking chair

- 1-2 Step forward on RF (slightly lift LF) weight back on LF
- 3-4 Step back on RF (slightly lift LF) weight back on LF

Last wall 11 : dance til section 3 step 6 than dance slowly step 7-8 and section 4 grapevine and rolling vine in slow

Wall start end Info *1 00:07 00:26 dance tag *2 00:26 00:44 *3 00:44 01:03 *4 01:03 01:07 dance til Section 2 step 3 and 1 hold, restart *5 01:07 01:27 dance tag *6 01:27 01:46 *7 01:46 02:05 *8 02:05 02:25 *9 02:26 02:44 *10 02:44 03:04 *11 03:04 03:30 dance til section 3 step 6 than dance slowly step 7-8 and section 4 grapevine and rolling vine in slow