

Outta Love

COPPERKNOB
STEPSHEETS

拍數: 56 牆數: 2 級數: Advanced
編舞者: Mark Furnell (UK) & Chris Godden (UK) - October 2024
音樂: I'm Outta Love (Levels Levels - James Fenwick Remix) - Anastacia



Intro: Start with Intro at approx 19 secs

Intro

Step Diagonal, Side, Hitch, Side, Hold

1-2 Step right forward to right diagonal, step left to left

3-4 Hitch right knee, step right to right

Arms 3-4 Push left arm forward, swap and push right arm forward

5-8 Touch left beside right, hold over 3 counts

Arms Pull right arm back

Main Dance

SEC 1 Side, Hold, Ball Cross, Side Rock, Jazzbox, Step Lock Step

1-2 Step left to left, hold

&3 Step right beside left, cross left over right

4& Rock right to right, recover weight onto left

5-6 Cross right over left, step left back

7 Step right to right

8&1 Step left forward, lock right behind left, step left forward

SEC 2 Side Rock, Cross Shuffle, Hold, 1/8 Kick Ball Touch

2-3 Rock right to right, recover weight onto left

4&5 Cross right over left, step left beside right, cross right over left

6 Hold

7&8 Turn 1/8 left kick left forward, step left back, touch right forward (10:30)

SEC 3 Step, 1/2 Pivot, Step, Step Lock Step, Press Sweep, 1/8 Sailor Cross

1-2 Step right forward, pivot 1/2 left transferring weight on to left (4:30)

3 Step right forward

4&5 Step left forward, lock right behind left, step left forward

6-7 Press right forward, recover weight onto left sweeping right from front to back

8&1 Turn 1/4 right step right behind left, turn 3/8 right step left beside right, turn 1/4 right cross right over left (3:00)

SEC 4 Hold, Ball Cross, Hold, Lunge, Recover Drag

2&3 Hold, step left beside right, cross right over left

4 Hold

*Restart Here on Wall 2, dance Tag 1 then restart

5&6 Press left to left diagonal, shimmy shoulders

7-8 Recover weight onto right dragging left towards right over 2 counts

SEC 5 1/2 Diamond, Side, 1/8 Together

1&2 Step left behind right, step right to right, turn 1/8 right step left forward (4:30)

3&4 Step right forward, turn 1/8 right step left to left, turn 1/8 right step right back (7:30)

5&6 Step left back, turn 1/8 right step right to right, cross left over right (9:00)

7-8 Turn 1/8 left step right to right, step left beside right (7:30)

SEC 6 3/8 Walk x3 Shuffle, Step, Hold

1-2-3 Step right forward, turn 1/8 right step left forward, turn 1/8 right step right forward (10:30)

4&5 Turn $\frac{1}{8}$ right step left forward, step right beside left, step left forward (12:00)

6-8 Hold for 3 counts

Arms 5-6 Raise both arms forward

7 Cross right arm in front of body hand forming right side of a heart

8 Cross left arm in front of body hand forming left side of a heart touch right hand

***Restart Here on Wall 3, Dance Tag 2 then Restart**

SEC 7 Hold, $\frac{1}{2}$ Pivot

1-4 Hold over 4 counts

Arms Open arms to sides over 4 counts

5-8 Pivot $\frac{1}{2}$ right transferring weight on to right over 4 counts (6:00)

Tag After 28 Counts of Wall 2

Lunge, Behind, $\frac{1}{4}$ Step, Step, $\frac{1}{2}$ Pivot

1-2 Lunge left to left diagonal over 2 counts

3-4 Recover weight onto right over 2 counts

5-6 Step left behind right, turn $\frac{1}{4}$ right stepping right forward

7-8 Step left forward, pivot $\frac{1}{2}$ right transferring weight onto right

Tag 2: After 48 Counts of Wall 3

Hold, $\frac{1}{2}$ Pivot, Kick Ball Touch

1-4 Hold over 4 counts

Arms Open arms to sides over 4 counts

5-7 Pivot $\frac{1}{2}$ right transferring weight on to right over 4 count (6:00)

8&1 Kick left forward, step left beside right, touch right forward

Hold, Step, Hold, Point, Hold

2-4 Hold over 3 counts

5-6 Step right forward, hold

7-8 Point left to left, hold

Cross, Hold

1 Cross left over right

2-8 Hold over 7 counts

Back, Hold, Side, Hold, Step Diagonal, Side, Hitch, Side

1-2 Step right back, hold

3-4 Step left to left, hold

Repeat intro

Ending After 48 counts of Wall 4

Hitch, Side, Touch

1-2 Hitch right knee, step right to right

Arms - Push left arm forward, swap and push right arm forward

3 Touch left beside right

Arms Pull right arm back

Last Update: 4 Nov 2024
