

Getting Low

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Sobrielo Philip Gene (SG) - September 2024
音樂: Low (feat. T-Pain) - Flo Rida



Intro: 32 counts @18sec

[1-8] STOMP HOLD, BALL STEP FORWARD, ROCK RECOVER 1/4 SIDE SHUFFLE

1-2 Stomp RF forward (1), hold (2)
&3-4 Step LF beside RF (&), step RF forward (3), step LF forward (4)
5-6 Rock RF forward (5), recover on LF
7&8 ¼ turn right step RF to right (7), step LF beside RF (&), step RF to right (8) (3:00)

[9-16] CROSS HOLD, BALL CROSS STEP, CROSS ROCK RECOVER, ¼ SHUFFLE FORWARD

1-2 Cross LF over RF (1), hold (2)
&3-4 Step RF to right (&), cross LF over RF (3), step RF to right (4)
5-6 Cross rock LF over RF (5), recover onto RF
7&8 ¼ Left step LF forward (7), step RF beside LF (&), step LF forward (8) (12:00)

[17-24] ¼ HIP ROLL TOUCH HIP ROLL TOUCH COASTER STEP PIVOT 1/2

1-2 ¼ left step RF to right (1) Touch LF slightly to left (2) (9:00)

Note: on count 1 roll hip back from left to right

3-4 Step LF to left (3), touch RF slightly to right (4)

Note: On count 3 roll hip back from right to left

5& Step Rf back (5), step LF beside RF (&), step RF forward (6)

7-8 Step LF forward (7), turn ½ right (8) (3:00)

[25-32] STEP FORWARD, POINTS ½ TURN OUT OUT HEEL BOUNCE

1 Step LF forward (1),
2-4 Making ¼ left point RF to right (2), 1/8 left point RF to right (3), 1/8 left point RF to right (4),
&5 Step RF to right forward (&), step LF to left (5)
6-8 Bounce heels 3 times while rolling hip anti clockwise from left (9:00)

Any Enquiry Please Contact
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