

Nyong Timur

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Tri Retno Sukeksi (INA) - November 2024
音樂: Nyong Timur - Gihon Marel & Jacson Zeran



Restart on W4 after 14C

Dance start after 36C

Section 1 - ROCK FORWARD, HEEL DIGS, SHUFFLE R.

1 - 2 Step RF forward recover on LF
3 - 4 Step RF back, touch L heel forward,
5 - 6 Step LF in place, touch RF beside LF
7&8 Step RF to R, Steps LF beside RF, Step RF to R

Section 2 - ROCK FORWARD, HEEL DIGS, SHUFFLE L.

1 - 2 Step LF forward recover on RF
3 - 4 Step LF back, touch R heel forward,
5 - 6 Step RF in place, touch LF beside RF
7&8 Step LF to L, Steps RF beside LF, Step LF to L

Section 3 - CROSS ROCK, SHUFFLE R, TURN R 1/2, SHUFFLE L, CROSS BACK.

1 - 2 Step RF Cross over LF, Recover on LF
3&4 Step RF to R , Step LF beside RF, Step RF to R.
5&6 Turn R 1/2 Step LF to L , Step RF beside LF , Step LF to L
7 - 8 Step RF Cross Back, Recover on LF

Section 4 - SHUFFLE FORWARD, SHUFFLE FORWARD, JAZZBOX TURN R 1/4.

1 & 2 Step RF forward, Step LF beside RF, Step RF forward
3 & 4 Step LF forward, Step RF beside LF, Step LF Forward
5 - 6 Step RF Cross over LF, Turn R 1/4 Step LF back
7 - 8 Step RF to R, Step LF forward

Restart on W4 after 14C

(Touch LF is changed to Step LF beside RF).

Happy Dancing for Healthy

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