

I'm Alive

COPPER KNOB
BYEPOSTETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gitte Voigt (DK) - November 2024
音樂: Everything I Need - Chayce Beckham



Intro: 16 counts

R STEP, TAP, BACK, KICK, BACK, CROSS TAP, STEP, SCUFF, DOROTHY R & L

1&2& Step RF fwd, tap LF behind RF, step LF back, kick RF fwd
3&4& Step RF back, Cross tap LF beside RF, step LF fwd, Scuff RF fwd
5-6& Step RF to R diagonal, Lock LF behind RF, Step RF slightly fwd
7-8& Step LF to L diagonal, Lock RF behind LF, Step LF slightly fwd

R ROCK, TURN ¾ RIGHT, BEHIND SIDE CROSS, MODIFIED SCISSOR

1-2 Rock fwd on RF, Recover on LF
3-4 ½ R Stepping RF fwd, ¼ R Stepping LF to L [9:00]
5&6 Step RF behind LF, Step LF to L, Cross RF over LF
7-8& Step LF to L (7), Step RF next to LF (8), Cross LF over RF (&)

SIDE TOUCH X2, ¼ TURN RIGHT, TOUCH, SIDE TOUCH, ROCKING CHAIR

1&2& Step RF to R, Touch LF beside RF, Step LF to L, Touch RF beside LF
3&4& ¼ R step RF to side, Touch LF beside RF, Step LF to L, Touch RF beside LF [12:00]

*Restart Wall 4

5-8 Rock fwd on RF, Recover on to LF, Rock back on RF, Recover on to LF

**Restart Wall 3&6

WALK R L, TOUCH BACK, ½ TURN RIGHT, RUMBA L, WALK ¼ R X2

1-2 Step RF fwd, Step LF fwd
3-4 Touch RF Toe back, Turn ½ R transferring weight fwd on to RF [6:00]
5&6 Step LF to L, Step RF beside LF, Step LF fwd
7-8 Walk fwd on RF turning ¼ R, Walk fwd on LF turning ¼ R

****RESTART ON WALL 3 & 6: Dance 24 counts and then restart from the beginning**

***RESTART ON WALL 4: Dance 20 counts and then restart from the beginning**

ENDING: Dance 28 counts of Wall 10

On Wall 9 the music will almost fade away, but keep dancing as it returns at about count 16.

Have fun ☐