Crystal Vision



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Johnny Martinez (USA) - November 2024 音樂: Dreams (with Deep Dish) - Stevie Nicks



[1-8] Walk right, triple 1/8 left, step right, rock left and cross, 1/4 turn, 1/2 hook.

1,2&3,4 Walk R, triple step 1/8L turn 10:30 LrL, then step R 1/8 back to 12 o'clock on 4

5&6 Side rock left and Cross

7,8 Step to the R 1/4 turn over L shoulder facing 9 o'clock, 1/2 turn over L shoulder as L foot

hooks into 3 oclock.

[9-16] Triple step left, rock right hip grind, shuffle turn right, sway left and right.

1&2 L foot comes down from hook into triple step forward LrL

3,4 Rock forward on right foot with hip grind, recover 5&6 Shuffle 1/2 turn over R shoulder RLR facing 9 o'clock

7,8 Continue momentum 1/4 turn over R shoulder as you face 12 o'clock to sway L then R

[17-24] Back left lock, left lock turn, rock forward and back and lock step right.

1,2 Step back L, cross over R

3&4 Back L, lock R, then 1/2 turn over L shoulder step L facing 6 o'clock on 4

5&6 R Rocking chair forward & back with 1/8 turn over R shoulder

7&8 L cross R, back R, lock L with 1/8 turn to 9 o'clock

[25-32] samba right, samba left, step out right and left, right knee jack.

1&2 Samba Right3&4 Samba left

5,6,7,8 Step out R, step out L, R knee/hip jack