

She's OK

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Alexis Eyler (USA) - November 2024
音樂: Am I Okay? - Megan Moroney



Intro is 32 counts; dance starts where lyrics start.

**1 Restart after 16 counts on wall 5.

Note: Weight should stay on left foot after kickball change for restart.**

[1-8] ROCK, COASTER, PIVOT X2

1 Rock forward with right foot
2 Recover back with left foot
3&4 Right coaster step (back with right, together with left, forward with right)
5-6 Step with left, half pivot over right shoulder
7-8 Step with left, half pivot over right shoulder

[9-16] STEP LOCK STEP, PIVOT, KICKBALL CHANGE

9 Step diagonal left
10 Lock right foot behind left foot
11 Step diagonal left
12 Half pivot over left shoulder
13-14 Step 2x in place (left then right)
15&16 Left kickball change (kick left, step down left, step down right)

[17-24] WALK X3 AND CROSS, BOUNCING UNWIND, COASTER

17-19 Walk left right left
&20 Step right, cross left in front of right (and cross)
21-22 Unwind half over right shoulder while bouncing twice
23&24 Right coaster step (back with right, together with left, forward with right)

[25-32] WALK X3, FLICK, WALK AROUND

25-27 Walk left right left
28 Flick right foot out to side
29-32 Walk around $\frac{3}{4}$ turn over left shoulder

Restart Dance from top

Last Update - 1 Nov 2024