

# She's OK

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Alexis Eyer (USA) - November 2024  
音樂: Am I Okay? - Megan Moroney



Intro is 32 counts; dance starts where lyrics start.

**\*\*1 Restart after 16 counts on wall 5.**

**Note: Weight should stay on left foot after kickball change for restart.\*\***

## [1-8] ROCK, COASTER, PIVOT X2

- 1            Rock forward with right foot
- 2            Recover back with left foot
- 3&4        Right coaster step (back with right, together with left, forward with right)
- 5-6        Step with left, half pivot over right shoulder
- 7-8        Step with left, half pivot over right shoulder

## [9-16] STEP LOCK STEP, PIVOT, KICKBALL CHANGE

- 9            Step diagonal left
- 10          Lock right foot behind left foot
- 11          Step diagonal left
- 12          Half pivot over left shoulder
- 13-14      Step 2x in place (left then right)
- 15&16      Left kickball change (kick left, step down left, step down right)

## [17-24] WALK X3 AND CROSS, BOUNCING UNWIND, COASTER

- 17-19      Walk left right left
- &20        Step right, cross left in front of right (and cross)
- 21-22      Unwind half over right shoulder while bouncing twice
- 23&24      Right coaster step (back with right, together with left, forward with right)

## [25-32] WALK X3, FLICK, WALK AROUND

- 25-27      Walk left right left
- 28          Flick right foot out to side
- 29-32      Walk around  $\frac{3}{4}$  turn over left shoulder

**Restart Dance from top**

**Last Update - 1 Nov 2024**