

Farewell No More

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: EWS Winson (MY) - November 2024
音樂: Goodbye (再見) - G.E.M. (鄧紫棋)



Intro : 8 counts in (Approx 0.07 sec)

Notes : There is a Restart on Wall 6 after 16 counts.

#1 (1-8) R Forward, L Chase ½ (R) with L Forward, R Pivot ½ (L), ¼ (L) with R Side, ⅛ (L) with L Back, R Back, ¼ (L) with L Side, R Forward, L Lock

- 1-2&3 Weight on LF: Step RF forward (1), step LF forward (2), turn ½ R shifting weight to RF (&), step LF forward (3) 6.00
- 4& Step RF forward (4), turn ½ L shifting weight to LF (&) 12.00
- 5-6& Turn ¼ L stepping RF to R side (5), turn another ⅛ L stepping LF back (6), step RF back (&) 7.30
- 7-8& Turn ¼ L stepping LF to L side (7), step RF forward (8), lock LF behind RF (&) 4.30

#2 (9-16) R Forward & L Sweep ⅛ (R), L-R Syncopated Serpiente Steps, R Cross Rock & Recover, R Side, L Cross, R Hinge ½ (L)

- 1-2&3 Step RF forward and sweep LF from back to front turning ⅛ R (1), cross LF over RF (2), step RF to R side (&), cross LF behind RF while sweeping RF from front to back (3) 6.00
- 4& Cross RF behind LF (4), step LF to L side (&) 6.00
- 5-6& Cross rock RF over LF (5), recover weight on LF (6), step RF to R side (&) 6.00
- 7-8& Cross LF over RF (7), turn ¼ L stepping RF back (8), turn another ¼ L stepping LF to L side (&) 12.00

#3 (17-24) R Forward Rock & Recover, ½ (R) with R Forward, L Forward Rock & Recover, ¼ (L) with L Forward, R Syncopated Rocking Chair, ½ (L) with R Back & L Sweep, L Behind, R Side

- 1-2& Rock RF forward (1), recover weight on LF (2), turn ½ R stepping RF forward (&) 6.00
- 3-4& Rock LF forward (3), recover weight on RF (4), turn ¼ L stepping LF forward (&) 3.00
- 5&6& Rock RF forward (5), recover weight on LF (&), rock RF back (6), recover weight on LF (&) 3.00
- 7-8& Turn ½ L stepping RF back while sweeping LF from front to back (7), cross LF behind RF (8), step RF to R side (&) 9.00

#4 (25-32) L-R Forward Prissy Walk, Full Turn (R), L Forward Rock & Recover, L Touch Unwind ¼ (L), R Cross Rock & Recover, R Side Rock, L Recover & R Flamingo ¼ (L)

- 1-2 Cross walk forward on LF over RF (1), cross walk forward on RF over LF (2) 9.00
- 3&4& Turn ½ R stepping LF back (3), turn another ½ R stepping RF forward (&), rock LF forward (4), recover weight on RF (&) 9.00
- 5&6& Touch L toes back turning ¼ L (5), step LF in place (&), cross rock RF over LF (6), recover weight on LF (&) 6.00
- 7-8 Rock RF to R side opening body to R diagonal (7), recover weight on LF turning ¼ L lifting R knee beside LF (8) 3.00