These Bad Dreams



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Gwen Walker (USA) - October 2024

音樂: Bad Dreams - Teddy Swims



#32 count Intro - NO Tags or Restarts

[1-8] Step Brush x 2, R rock recover, R ½ triple

1-4 Step R forward, brush L forward, Step L forward, brush R forward

5-6 Rock forward on R, recover to L

7&8 Step R ¼ turn right, step L next to R, step R ¼ turn right. (6:00)

[9-16] Reverse K step, with Right side triple

Step L forward at left angle, touch R next to L
Step R back at right angle, touch L next to R
Step L back at left angle, touch R next to L

7&8 Step R to right side, step L next to R, step R to right side (6:00)

[17-24] Cross rock, side rock, back rock, L side triple

1-2 Cross rock L in front of R, recover to R
3-4 Rock L to left side, recover to R
5-6 Rock back on L, recover to R

7&8 Step L to left side, step R next to L, step L to left side.

[25-32] 1/4 turn Montrey, Kick Ball Change x 2

1-2 Touch R to right side, ¼ turn to right step on R (9:00)

3-4 Touch L to left side, step L next to R5&6 Kick R forward, step on ball of R, step on L

7&8 Kick R forward, step on ball of R, step on L (9:00)

Have fun with the Music and Dance Dance from the Heart with JOY!!!!!

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