

# These Bad Dreams

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Gwen Walker (USA) - October 2024  
音樂: Bad Dreams - Teddy Swims



## #32 count Intro - NO Tags or Restarts

### [1-8] Step Brush x 2, R rock recover, R ½ triple

1-4            Step R forward, brush L forward, Step L forward, brush R forward  
5-6            Rock forward on R, recover to L  
7&8            Step R ¼ turn right, step L next to R, step R ¼ turn right. (6:00)

### [9-16] Reverse K step, with Right side triple

1-2            Step L forward at left angle, touch R next to L  
3-4            Step R back at right angle, touch L next to R  
5-6            Step L back at left angle, touch R next to L  
7&8            Step R to right side, step L next to R, step R to right side (6:00)

### [17-24] Cross rock, side rock, back rock, L side triple

1-2            Cross rock L in front of R, recover to R  
3-4            Rock L to left side, recover to R  
5-6            Rock back on L, recover to R  
7&8            Step L to left side, step R next to L, step L to left side.

### [25-32] ¼ turn Montrey, Kick Ball Change x 2

1-2            Touch R to right side, ¼ turn to right step on R (9:00)  
3-4            Touch L to left side, step L next to R  
5&6            Kick R forward, step on ball of R, step on L  
7&8            Kick R forward, step on ball of R, step on L (9:00)

Have fun with the Music and Dance  
Dance from the Heart with JOY!!!!

Gwen Walker: [gkwdance@gmail.com](mailto:gkwdance@gmail.com)