Nostalgic Waltz



拍數: 48 牆數: 4 級數: Improver

編舞者: Diana Liang (CN) - October 2024

音樂: Zhi Qing Ge Yao (知青歌谣)



Tag/Restart, Intro: 6

S1 Reversed Coaster, Back Basic

1-3 step Lf forward, step Rf next to Lf, step Lf back4-6 step Rf back, step Lf next to Rf, step Rf in place

S2 Twinkle L, Weave to L

1-3 cross Lf over Rf, rock Rf to R, recover to Lf4-6 cross Rf over Lf, step Lf to L, step Rf behind Lf

S3 Side Drag 2C, Rolling Vine to R

1-3 step Lf big to side, drag Rf towards Lf over 2C

4-6 turn 1/4 to R stepping Rf forward, 3H, turn 1/2 to R stepping Lf back, 9H, turn 1/4 to R

stepping Rf to R, 12H

S4 Cross Rock Recover Side LR

1-3 Cross Rock Lf over Rf, recover to Rf, step Lf to L4-6 cross rock Rf over Lf, recover to Lf, step Rf to R

Restart Here during W3 after adding a 3C tag facing 6H

*Ends here during W11 with step change **

S5 forward, 1/4L Rock Recover, Weave to L

1-3 step Lf forward, turn 1/4 to L rocking Rf to R, recover to Lf, 9H

4-6 cross Rf over Lf, step Lf to L, step Rf behind Lf

S6 1/4L Forward, 1/4L Rock Recover, Weave to L

1-3 turn 1/4 to L stepping Lf forward, 6H, turn 1/4 to L rocking Rf to R, 3H, recover to Lf

4-6 cross Rf over Lf, step Lf to L, step Rf behind Lf

S7 Basics LR

1-3 step Lf to L, rock Rf behind Lf, recover to Lf4-6 step Rf to R, rock Lf behind Rf, recover to Rf

S8 Forward LR, Kick Lf, Lf Back. Point Rf Back 1/2R, Transfer weight to Rf

1-3 step Lf forward, step Rf forward, low kick Lf forward

4-6 step Lf back, point Rf back turning 1/2 to R, 9H, step Rf in place

* Tag 3C happens during W3 after 24C, Back Drag Together

1-3 Lf big back, drag Rf towards Lf, step Rf next to Lf

** Ends during W 11, dance upto 20C, then change 21-24C as:

21-24 turn 1/4 to L stepping Lf forward, 6H, step Rf forward, turn 1/2 to L, step Lf in place, 12H

Thanks and happy dancing!

Contact: procankm@hotmail.com