

Visualising

拍數: 64 牆數: 4 級數: Low Improver
編舞者: Daniel Exton (UK) - October 2024
音樂: Peanut Butter Jelly - Galantis



S1: Side, Touch, Side, Touch, Chasse ¼, Step, ½

1, 2 Right to Right side, Touch Left next to Right
3, 4 Left to Left side, Touch Right next to Left
5&6 Right to Right side, Left next to Right, Right to Right side with ¼ turn Right
7, 8 Step Left foot forward, ½ turn Right

S2: Shuffle x2, Rocking Chair

1&2 Shuffle forward Left-Right-Left
3&4 Shuffle forward Right-Left-Right
5, 6 Rock forward on Left foot, Recover onto Right
7, 8 Rock back on Left foot, Recover onto Right

S3: Toe Struts x2, Mambo, Run Back

1, 2 Left toe forward, Left foot down
3, 4 Right toe forward, Right foot down
5&6 Left foot forward, Right foot forward, Left foot back
7&8 Run back Right-Left-Right

S4: Coaster, ¼ Side, Hold, 3x Paddle ¼, Hitch

1&2 Left foot back, Right foot back, Left forward
3, 4 Step Right to Right side with ¼ turn Left, Hold for 1 count
5, 6 Step Right to Right side with ¼ turn Left twice
7, 8 Step Right to Right side with ¼ turn Left, Hitch Right foot

S5: Mambo, Coaster, Step 1/2, Run Forward

1&2 Right foot forward, Left foot forward, Right foot back
3&4 Left foot back, Right foot back, Left foot forward
5, 6 Step Right foot forward, ½ turn Left
7&8 Run forward Right-Left-Right

S6: Mambo, Coaster, Step ½, Run Forward

1&2 Left foot forward, Right foot forward, Left foot back
3&4 Right foot back, Left foot back, Right foot forward
5, 6 Left foot forward, ½ turn Right
7&8 Run forward Left-Right-Left

S7: V-Step x2

1, 2 Right foot out, Left foot out
3, 4 Right foot in, Left foot in
5, 6 Right foot out, Left foot out
7, 8 Right foot in, Left foot in

S8: Walk x3, Kick, Back x3, Heel

1, 2 Walk forward Right, Left
3, 4 Walk forward on Right, Kick Left out
5, 6 Walk back Left, Right
7, 8 Walk back on Left, Right heel forward

Restart: Wall 2 after 32 counts
