

Bingung

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nuki Soeharsono (INA), Astrieth SP (INA), Mamik TS (INA) & Febrina Dumaria
Pardede (INA) - October 2024
音樂: Bingung - Eddy Silitonga



I. Cross Recover 2x R.L

1&2& Cross rock Rf over Lf, Recover on Lf, Rock Rf back, Recover on LF
3&4 Cross rock Rf over Lf, Recover on Lf, Step Rf on R
5&6& Cross rock Lf over Rf, Recover on Rf, Rock Lf back, Recover on Rf
7&8 Cross rock Lf over Rf, Recover on Rf, Step Lf on L

II. Side Mambo, Forward Mambo Back Mambo

1&2 Rock Rf to R, Recover on Lf, Close Rf next to Lf
3&4 Rock Lf to L, Recover on Rf, Close Lf next to Rf
5&6 Rock Rf forward, Recover on Lf, Step Rf back
7&8 Rock Lf back, Recover on Rf, Step Lf forward

III. Shuffle Forward, ¼ R Jazz Box

1&2 Step Rf forward, Close Lf next to Rf, Step Rf forward
3&4 Step Lf forward, Close Rf next to Lf, Step Lf forward
5 6 Cross Rf over Lf, Turn ¼ R Step Lf back
7 8 Step Rf to R, Step Lf forward

IV. Heel Touch Forward, Chasse

1&2& Touch Rf Heel forward , Close Rf next to Lf, Touch Lf Heel forward , Close Lf next to Rf
3&4& Touch Rf Heel forward , Close Rf next to Lf, Touch Lf Heel forward , Close Lf next to Rf
5&6& Step Rf to R, Close Lf to Rf, Step Rf to R, Touch Lf next to Rf
7&8 Step Lf to L, Close Rf to Lf, Step Lf to L

Restart on wall 1 dan wall 5 after 24 Count

Last Update: 31 Oct 2024