Take Me to the Beach



拍數: 32 編數: 2 級數: Low Intermediate

編舞者: Debbie Rushton (UK), Gregory Danvoie (BEL), Mike Liadouze (FR) & Guillaume

Richard (FR) - October 2024

音樂: Take Me to the Beach (feat. Baker Boy) - Imagine Dragons



Intro: 16 counts

Restart: During wall 2 and 6, restart the dance after 16 counts

Tag: At the end of wall 8, facing the front, add the next 4 counts

1&2&3&4& Step RF out fwd (1), Step LF out fwd (&), Step RF back in (2), Step LF next to RF (&), Tap R

heel fwd (3), Step RF next to LF (&), Tap L heel fwd (4), Step LF next to RF (&)

[1 – 8] Side Rock, Sailor Step ¼ turn R, Step Lock Step x 2, Step

1-2 Step RF to R and lean R while angling body to 9:00 as you push R hand fwd chest level (1),

Recover on LF facing 12:00 again (2) 12:00

3&4 Cross RF behind LF (3), Make ¼ turn R stepping LF next to RF (&), Step RF fwd (4) 3:00

5&6 Step LF fwd in L diagonal (5), Cross RF behind LF (&), Step LF fwd in L diagonal (6) 3:00

&7&8 Step RF fwd in R diagonal (&), Cross LF behind RF (7), Step RF fwd in R diagonal (&), Step

LF fwd in L diagonal (8) 3:00

[9 - 16] Cross, ¼ turn Step Back, R Shuffle, Step & Swivel, Out Out, Clap x2

1-2 Cross RF over LF (1), Make ¼ turn R stepping LF back (2) 6:00 3&4 Step RF to R (3), Step LF next to RF (&), Step RF to R (4) 6:00

5&6 Step LF fwd (5), Swivel both heels to L (&), Swivel both heels back to center (6) 6:00

&7&8 Step LF back to L (&), Step RF back to R (7), Clap both hands twice (&8) 6:00

[17 - 24] Cross, Back x2, Cross, Back x2, Rock Fwd, Rock, 1/4 turn L

1-2& Cross RF over LF (1), Step LF back in L diagonal (2), Step RF back in R diagonal (&) 6:00

3-4& Cross LF over RF (3), Step RF back in R diagonal (4), Step LF back in L diagonal (&) 6:00

5-6 Step RF fwd (5), Recover on LF (6)

Styling: Roll your hips forward and back 6:00

7-8 Step on RF fwd (7), Make 1/4 turn L stepping on LF (8) 3:00

[25 – 32] Cross, Side, Sailor Step, Cross, Side, Touch, Unwind 3/4 turn with Bounces

1-2 Cross RF over LF (1), Step LF to L (2) 3:00

3&4 Cross RF behind LF (3), Step LF to L (&), Step RF to R (4) 3:00

5&6 Cross LF over RF (5), Step RF to R (&), Touch L toes behind RF (6) 3:00

&7&8 Make ½ turn L with both heels up (&), Drop both heels (7), Make ¼ turn L with both heels up

(&), Drop both heels (8) 6:00