Thriller Fun



拍數: 32 牆數: 1 級數: Absolute Beginner

編舞者: Sherry Barrett (USA) - October 2024

音樂: Thriller - Michael Jackson



Intro: 32 counts from major downbeat

(1-8) R Fwd, Together, Fwd, Touch and Repeat L side (Swim Arms)

1-4 R Fwd*, L Together, R Fwd*, L Touch (lead with R hip & R shoulder)
5-8 L Fwd*, R Together, L Fwd,* R Touch (lead with L hip & L shoulder)

(9-16) R Walk diagonal back, turn hitch and Repeat L side (Zombie Arms)

1-4 Turn to 4:00 *Walk R-L-R-1/4L Hitch L 9:00 5-8 Turn to 7:00 *Walk L-R-L-1/4R Hitch R 12:00

(17-24) R Side, drag L close, touch/Clap and Repeat L side (Shimmy)

1-4 R large step to Side*, L drags together/shimmy-shimmy, L touch together/Clap over head L large step to Side*, R drags together/shimmy-shimmy, R touch together/Clap over head

(25-32) R Walk Fwd Touch/L shoulder up, L Walk Back Touch/R shoulder up

1-4 R Fwd, L Fwd, R Fwd, L toe touch together/ L shoulder up to ear-leave shoulder up

5-8 L Back, R Back, L Back, R toe touch together/R shoulder to ear

Notes:

Stretch before dancing so you don't pull anything shimmying, clapping and swimming.

Try dancing contra (in lines facing each other) and make zombie faces at each other and ridiculous noises with the shoulder pop.

Hope you have some Thriller Fun!

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^{*} Arms swim forward or part curtains

^{*} Arms are up shoulder height with limp wrists, facing the direction of travel

^{*} Hands drop to thighs and Shimmy-rock shoulders forward and back