

Bittersweet

拍數: 32 牆數: 4 級數: Advanced NC2S
編舞者: Debbie Rushton (UK) - October 2024
音樂: Bittersweet - Nate Smith



There is NO count in. The dance starts immediately after the word 'Bittersweet'

STEP, STEP 1/2 TURN STEP, 1 1/4 TURN, DIAMOND FALL AWAY

- 1 2&3 Step R forward, Step L forward, Pivot 1/2 turn R, Step L forward (6oclock)
4&5 Make 1/2 turn L stepping R back, Make 1/2 turn stepping L forward, Make 1/4 turn L stepping R to R side (3oclock)
6&7 Make 1/8 turn L stepping back on L, Step back on R, Make 1/8 turn L stepping L to L side (12oclock)
8& Make 1/8 turn L stepping R forward, Step L forward (11oclock)

BASIC SIDE BACK ROCK, SIDE BEHIND 1/4 TURN, PIVOT, PREP, SPIRAL, FULL TURN

- 1 2& Make 1/8 turn L stepping R to R side, Close L beside R, Cross R over L (9oclock)
3 4& Step L to L side, Cross R behind L, Make 1/4 turn L stepping L forward (6oclock)
5 6 7 Step R forward, Pivot 1/2 turn L keeping weight back on R (prep to turn), Spiral full turn R as you take weight forward onto L foot (12oclock)
8& Step R forward, Make 1/2 turn R stepping back on L, Make 1/2 turn R stepping R forward into count 1 (12oclock)

*Non-turn option:

- 8& Run forward R, Run forward L

SWEEP, CROSS SIDE BEHIND, BEHIND 1/4 TURN STEP, STEP TURN, SWAY SWAY

- 1 2& Step R forward sweeping L from back to front, Cross L over R, Step R to R side
3 4& Cross L behind R and sweep R from front to back, Cross R behind L, Make 1/4 turn L stepping L forward (9oclock)
5 6& Step R forward, Step L forward, Pivot 1/2 turn R (3oclock)
7 8 Make 1/4 turn R stepping L to L side and swaying body L, Sway body R (prep body to turn) (6oclock)

FULL TURN L, CROSS ROCK & CROSS ROCK & STEP TURN

- 1 2& Make 1/4 turn L stepping L forward (styling: hitch R knee up, R to L knee), Make 1/2 turn L stepping back on R, Make 1/4 turn L stepping L to L side (6oclock)
3 4& Cross rock R over L, Recover back onto L, Step R to R side
5 6& Cross rock L over R, Recover back onto R, Make 1/4 turn L step L forward (3oclock)
7 8 Step R forward, Pivot 1/2 turn L ending with weight on L (9oclock)

RESTARTS

On walls and 3 and 7, we restart the dance after 8 counts. There is a small step change on counts '8&'

- 8& Run forward R L

On wall 3 we will restart facing 6 oclock, on wall 7 we restart facing 9 oclock