

Country Is for Me

拍數: 32 牆數: 4 級數: Beginner
編舞者: Edith Chabot (CAN) - October 2024
音樂: COUNTRY IS FOR ME - James Johnston & Appel



Restart: Wall 4 after 16 counts

Tag: Wall 8 after 24 counts

Section 1: Right Kick x2, Coaster Step, Left Kick Forward & Side, ¼ Left Coaster Step

1-2 Kick right foot forward
3&4 Step right back, step left next to right, step right forward
5-6 Kick left foot forward, kick left foot to the side
7&8 Step left back, step right next to left, turn ¼ left stepping left forward

Section 2: Heel Grind ¼ Turn, Right Back Rock, ¼ Right Bump x3, ½ Left Bump x3

1-2 Step right heel forward, grind right heel turning ¼ right (weight on left)
3-4 Rock right back, recover on left
5&6 Turn ¼ right stepping right to the side, bump hips right, left, right
7&8 Turn ½ left stepping left to the side, bump hips left, right, left (weight finishes on left)

Restart: On Wall 4, restart the dance here after completing the first 16 counts.

Section 3: Diagonal Right, Knee Pops, Diagonal Left, Knee Pops

1-2 Step right diagonally forward, step left next to right
3&4 Pop right knee up, pop left knee up, step right foot down
5-6 Step left diagonally forward, step right next to left
7&8 Pop left knee up, pop right knee up, step left foot down

Tag: On Wall 8, after the 24 counts, add:

1-2 Point right toe to the side, step right next to left
3-4 Point left toe to the side, step left next to right

Section 4: Vine Turn Right with Jump & Clap, Vine Turn Left with Jump & Clap

1-2 Step right to the side, step left behind right
3&4 Turn ¼ right stepping right forward, jump feet together, clap hands
5-6 Step left to the side, step right behind left
7&8 Turn ¼ left stepping left forward, jump feet together, clap hands

Repeat and enjoy the dance!
