

# Relapse

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Edith Chabot (CAN) - October 2024  
音樂: Relapse - Warren Zeiders



Tags/Restarts: wall 9, after 12 counts

## Section 1: Chassé Right, Left Rock Back, ½ Turn Left , ½ Turn Right , Left Chassé Forward

1&2      Step right to right side, step left next to right, step right to right side  
3-4      Rock left back, recover weight onto right  
5-6      Turn ½ left stepping right back, turn ½ right stepping left forward  
7&8      Step left forward, step right next to left, step left forward

## Section 2: Chassé Right, Chassé with ¼ Turn Left, Right Kickball Change, Step Right Forward, Left Toe Point to Side

1&2      Step right to right side, step left next to right, step right to right side  
3&4      Step left to left side, step right next to left, turn ¼ left and step left forward while lifting left knee slightly  
5&6      Kick right forward, step right next to left, step left in place  
7-8      Step right forward, point left toe to left side

## Tag (Wall 9): After the first 12 counts, add the following

Out out, in in

1-2      Step right foot out to the right side, step left foot out to the left side  
3-4      Step right foot back in, step left foot back in

And restart

## Section 3: Left Scuff, Left Knee Lift, Right Point, Right Scuff, Right Knee Lift, Left Point, Jazzbox ¼ Turn Left , Cross Right Foot

1&2      Scuff left foot forward, lift left knee, point right toe to the side  
3&4      Scuff right foot forward, lift right knee, point left toe to the side  
5-6      Cross right over left, step back on left  
7-8      Turn ¼ left stepping right to the side, cross right over left

## Section 4: & Cross, ½ Turn Left, Heel Switches, & Step Right Forward, ½ Turn Left, Right Scuff, Right Stomp

&1      Step left slightly to the side, cross right over left  
2      Turn ½ left, shifting weight onto left  
&3      Touch right heel forward, step right next to left  
&4      Touch left heel forward, step left next to right  
&5      Quickly switch, stepping right forward  
6      Turn ½ left, shifting weight onto left  
7      Scuff right foot forward  
8      Stomp right foot down

Repeat and enjoy the dance!

Submitted by : Audrey Jean - Email: [wildbootscountrydance@gmail.com](mailto:wildbootscountrydance@gmail.com)