

One Addiction

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Audrey McElyea (USA) - October 2024
音樂: One Bad Habit - Tim McGraw



#16 Count Intro
**2 Restarts 1 Tag

SECTION 1: WEAVE R W/CROSS; LINDY R

1-4 Step R to R; Step L behind R; Step R to R; Cross L over R
5&6 ; 7,8 Step R to R; Step L next to R; Step R to R; Rock L back; Recover weight on R

SECTION 2: WEAVE L W/CROSS; LINDY L

1-4 Step L to L; Step R behind L; Step L to L; Cross R over L
5&6, 7,8 Step L to L; Step R next to L; Step L to L; Rock R back; Recover weight on L

SECTION 3: ROCK R FORWARD; RECOVER TO L; ½ TURN TRIPLE TO R; STEP ½ TURN TO R; TRIPLE L FORWARD

1,2, 3&4 Rock R forward; recover to L; ½ turn triple to R (r-l-r)
5,6 7&8 Step forward on L; ½ turn to R; Triple forward (l-r-l)

***RESTART #1 AT WALL 3 (FIRST TIME AT 6 O'CLOCK)**

SECTION 4: R SUGAR FOOT WITH STOMP; L SUGAR FOOT WITH STOMP; R ¼ TURN JAZZ BOX

1&2 ; 3&4 R toe; R heel; stomp R; L toe; L heel; stomp L
5-8 Cross R over L; step back on L; ¼ Turn R; Step R to R side, Step L next to R

TAG: 8 COUNT TAG: OCCURS AT WALL 7 (3 O'CLOCK)

K STEP

1-8 Step R forward diagonally and touch L; Step L back diagonally to center and touch R; step R back diagonally & touch L; step L forward diagonally back to center and touch R

RESTART #2 AT WALL 7 (3 O'CLOCK)

ENDING: ONCE YOU REACH THE FINAL 8 COUNTS (FACING 9 O'CLOCK) COMPLETE THE FOLLOWING COUNTS SLOWLY FOR A FRONT WALL FINISH

R SIDE; L BEHIND; R SIDE; CROSS L OVER R; WITH LEFT FOOT CROSSED UNWIND ¼ TO R TO 12 O'CLOCK WALL.

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