Ellen's Secrets



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音樂: Secrets - Ellen Krauss



No Tags, No Restarts

intro 24 counts after heavy beat.

Section 1 Step forward. Point right. Hold. Step back. Point left. Hold.

1-3 Step forward on left. Point right toes to right side. Hold.4-6 Step back on right. Point left toes to left side. Hold.

Section 2 Step Forward. Hitch. Hold. Step Back. ½ Turn Back over left shoulder. Step forward.

1-3 Step forward on left. Hitch right knee up. Hold.

4-5 Step back on right foot. Turn ½ back over left shoulder stepping forward on left.

6 Step forward on right.

Section 3 Step Forward. Hitch. Hold. Slow Coaster Step.

1-3 Step forward on left. Hitch right knee up. Hold.

4-6 Step back on right. Step left beside right. Step forward on right.

Section 3 Step Forward. Sweep. Step Forward. Sweep.

1-3 Step forward on left. Sweep right from back to front (two counts).4-6 Step forward on right. Sweep left from back to front (two counts).