

Menarilah

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Denny Jay Naim (INA) & LennYarni (INA) - October 2024
音樂: Menarilah (live) NDC Worship - Able (Live)



***3 Restart, 1 Tag

Restart : After 28C (On Wall 2, 5, 7)

Tag : After Wall 11 (09.00)

Start Dancing on Singing (After Intro 32 Count)

SEC.1 : Walk Forward RL, Mambo Forward, Walk Back LR, Coaster Step

1 - 2 Step RF forward (1), step LF forward (2)
3 & 4 Step RF forward (3), recover weight to LF (&), step RF back (4)
5 - 6 Step LF back (5), step RF back (6)
7 & 8 Step LF back (7), step RF Close to LF (&), step LF forward (8)

SEC.2 : R Side Rock, Cross Shuffle, L Side Rock, Behind Side Cross

1 - 2 Step RF to R (1), recover weight to LF (2)
3 & 4 Step RF cross over LF (3), step LF to L(&), step RF cross over LF to L (4)
5 - 6 Step LF to L (5), recover weight to RF(6)
7 & 8 Step LF cross behind RF (7), step RF to R (&), step LF cross over RF (8)

SEC.3 : 1/4 R Monterey, V Step

1 - 2 Point RF to R, 1/4 R stepping RF next to LF [3:00] (2)
3 - 4 Point LF to L (3), Step LF next to RF (4)
5 - 6 Step RF out on R diagonal(1), Step LF out on L diagonal (6)
7 - 8 Step RF backward diagonal to centre (7), step LF backward diagonal next RF (8)

SEC.4 : 1/2 L Pivot Twice (2x), Forward Touch, Back Touch

1 - 2 Step RF forward (1), 1/2 L recover weight to LF (2)
3 - 4 Step forward RF (3), 1/2 L recover weight to LF (4)*

*(Restart Here on Wall 2,5,7)

5 - 6 Step RF forward(5), step LF forward touch next to RF (6)
7 - 8 Step LF backward (7), step RF backward touch next LF (8)

Tag : Side Touch RL 2x (4C)

1-2-3-4 Step RF To R (1), Touch LF next to RF (2), Step LF to L (3), Touch RF to L.

Ending : On wall 13, raise both hands in a V shape.

Happy Dancing..

Have a Great Day and Burn The Dance Floor!!!

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