

Sorry for My Broken Heart

COPPERKNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Sebastiaan Holtland (NL) - October 2024
音樂: Sorry For My Broken Heart - Rag'n'Bone Man



Section 1 Side Rock R, Full Triple Turn L, R Side, Syncopated Sailor Step L, Press R with Sweep R, R Rock Behind ¼ Left, ½ Triple Turn L.

1,2 RF rock right (Technical issue: Rotate upper body to the right) (1), LF Recover (2).
&a3 Full triple turn left (12.00) (&a), RF step right (3).
4&a LF step behind RF (4), RF step R (&), LF step L (a)
5,6 RF press fwd (5), Recover back onto LF and sweep RF from front to back (6)
7,8&a RF rock behind LF (7), LF recover ¼ left (9.00) (8), ½ triple turn left (3.00) (&a).

Section 2 R Side, Syncopated Sailor Step L, Press R with Sweep R, R Rock Behind ¼ Left, R Hitch ¼ L, R Replace, L Coaster Step.

1,2&a RF step R (1), LF step behind RF (2), RF step R (&), LF step left (a).
3,4 RF press fwd (3), Recover back onto LF and sweep RF from front to back (4).
5,6 RF rock behind LF (5), LF recover ½ left (9.00) and hitch R knee up (6).
7,8&a RF replace (7), LF step back (8), RF step beside LF (&), LF step fwd (a).

Section 3 R Side Rock, R Hitch ½ Left x2, R Side Rock, ½ Triple Turn R, Back Rock R.

1,2 RF rock right (1), LF recover and R knee up ½ left (3.00) (2).
3,4 RF rock right (3), LF recover and R knee up ½ left (9.00) (4).
5,6&a RF rock right (5), LF recover and triple ½ right (3.00) (6&a).
7,8 RF rock back (7), LF recover (8).

Section 4 R Half Syncopated Rumba Box Fwd, L Half Rumba Box Back, R Rock Back, ½ Triple Turn L, R Step, L Together with Arm Movements, R Back, L Side with Arm Movements.

1&a RF step right (1), LF step beside RF (&), RF step fwd (a).
2&a LF step left (2), RF step LF (&), LF step back (a).
3,4&a RF rock back (3), LF recover and triple ½ left (9.00) (3,4&a).
5,6 RF step fwd (5), LF step beside RF (6).
7,8 RF step back (7), LF step slightly left (6.00) weight onto LF (8).

Note: At counts 5,8 Raise both arms and make a fist with both hands and pull both arms down.

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