APT Game Start...

拍數: 112

級數: Phrased High Intermediate

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音樂: APT. - ROSÉ & Bruno Mars

Start dance after Rose sang - "Game Start" Sequence: C-A-B-C, A-B-C-TAG. A-A-B-C-C

PART A

SIDE, BEHIND SIDE CROSS, SIDE, SLOW SAILOR ¼ TURN LEFT, SCUFF

- 1 Step R to side
- 2&3 Step L behind R, Step R to side, Cross L over R
- Step R to side 4
- 5-8 Step L behind R, ¼ turn left, step R back, Step L forward, scuff R beside L

ROCKING CHAIR, ¼ TURN LEFT, BIG STEP SIDE, CLOSE, SWIVEL UP, RECOVER

- 1-4 Rock R forward, recover on L, Rock L back, recover on R
- 5-6 1/4 turn left, step a big step R to side, close L beside R
- 7-8 Swivel both heels up to right side, recover in place

SIDE ROCK, RECOVER, CLOSE, SIDE CHASSE, WALK WALK, PIVOT ½ TURN

- 1-2& Side rock on R, recover on L, close R beside L
- 3&4 Side chasse L-R-L
- 5-6 Walk forward on R-L
- 7-8 Step R forward, pivot 1/2 turn left, on L

FWD TOE SWITCHES, STEP FWD, CLOSE, OUT OUT, SWIVEL IN TOES, HEELS

- 1&2& Touch R toe forward, close R beside L, Touch L toe forward, close L beside R
- 3-4 Step R fwd pivot 1/2 turn left, on L
- 5-6 Step R to right side, step L to L side
- 7-8 Swivel both toes in, swivel both heels in

PART B

R DOROTHY STEPS, HITCH, ROCK BACK RECOVER x2

- 1-4 Step R diagonally right 1.30, lock L behind R, Step R forward, Hitch L
- 5-8 Rock back on L, recover R, rock back L, recover on R

L DOROTHY STEPS, HITCH, ROCK BACK RECOVER x2

- 1-4 Step L diagonally left 10.30, lock R behind L, Step L forward, Hitch R,
- 5-8 Rock back on R, recover L, rock back R, recover on L

CROSS BACK BACK, CROSS BACK, ½ TURN LEFT, STEP FWD, ROCK FWD, RECOVER

- 1-3 Cross R over L, 1/8 turn right, step back on L, 1/8 turn right, step R back 1.30
- 5-6 Cross L over R, 1/8 turn left, step R back, 1/2 turn left, step L fwd
- 7-8 Rock fwd on R, recover on L

ROCK BACK, RECOVER, PIVOT ½ TURN, STEP FWD, FULL TURN, STEP FWD

1-2 Rock back on R, recover on L





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- 3-4 Step forward on R, pivot ¹/₂ turn left, on L
- 5 Step R forward
- 6-7 ¹/₂ turn right, step L back, ¹/₂ turn right, step R forward
- 8 Step L forward

PART C

"AGOGO"

1&2 Step R fwd, Step ball of L in place, recover weight on R

Arms: Criss Cross at the front to the right

3&4 Step L fwd, Step ball of R in place, recover on L

Arms: Criss Cross at the front to the left

- 5&6 Step R to right side, Step ball of L in place, recover weight on R
- Arms: R thumb over R shoulder x 2, "hitch-hike"
- 7&8 Step L to left side, Step ball of R in place, recover weight on L

Arms: L thumb over L shoulder x 2, "hitch-hike"

"AGOGO" WITH TOE STRUT BACK, OUT OUT, "SIT & SIT"

1-2 Touch R toe back, snap down on R heel

Arms: R hand swiping across right forehead

3-4 Touch L toe back, snap down on L heel

Arms: L hand swiping across left forehead

&5-6 Step R to right side, Step L to left side, hold Option: Jump out with feet apart, Hold, Hold

7&8 Weight transfer on R with L knee slightly bend, recover on L, weight transfer back to R with L knee slightly bend

Arms: Bend both arms at elbow with fist close facing body infront of L shoulder, L fist Up while R fist down, R fist up with L fist down, L fist up with R fist down

SIDE CROSS SIDE KICK DIAGONAL, SIDE CROSS SIDE KICK FWD,

1-4 Step L to side, Cross R over L, Step L to side, facing 1.30, Kick R forward

Arms: Swing left arm up to the side and click

5-8 Step R to side, Cross L over R, Step R to side, Kick L forward

Arms: Click fingers out to both side

COASTER STEPS, SCUFF, OUT OUT, "SIT & SIT"

- 1-4 Coaster Steps: Step L back, close R beside L, Step L forward, scuff R
- &5-6 Step R to right side, Step L to left side, hold
- 7&8 Weight transfer on L with R knee slightly bend, recover on R, weight transfer back to L with R knee slightly bend

Arms: Bend both arms at elbow with fist close facing body infront of R shoulder, R fist Up while L fist down, L fist up with R fist down, R fist up with L fist down

TAG after 3rd C

- 1-4 1/4 turn right step R fwd, hold, 1/4 turn right, Step L fwd, hold
- 5-8 ¹/₄ turn right step R fwd, hold, ¹/₄ turn right, Step L fwd, hold

1-8 Running around and face front with weight on L

Cont'd dancing A