

Rush

拍數: 32 牆數: 2 級數: Improver
編舞者: Michael Richardson (USA) - October 2024
音樂: Rush - Troye Sivan



Intro – 32 counts

No Restarts, One 16 Count tag that happens after Wall 2 and Wall 5

[1-8] Press-Recover, Ball-Press-Recover, Ball, Point, Point, Point, ¼ Flick

1-2 Press R forward (1), Recover L (2)
&3-4 Step R next to L (&), Press L forward (3), Recover R (4)
&5-6 Step L next to R (&), Point R toe forward (5), Point R toe to back (6)
7-8 Point R toe to right (7), Turn ¼ left flicking right toe back (8) [9:00]

[9-16] Step, Lock, Step-Lock-Step, Rock-Recover, ½ Turn, ½ Turn with Sweep

1-2 Step R forward (1), Lock L behind R (2) - (add body roll for style)
3&4 Step R forward (3), Lock L behind R (&), Step R forward (4) - (add hip-rolls for style)
5-6 Rock L forward (5), Recover R (6)
7-8 Turn ½ left stepping L forward (7), Turn ½ left stepping R back with L sweep from front to back

[17-24] Behind, ¼ Turn, ½ Pivot, ¼ Toe-Strut, ½ Toe-Strut

1-2 Step L behind R (1), Turn ¼ right stepping R forward (2) [12:00]
3-4 Step L forward (3), Turn ½ right shifting weight to R (4) [6:00]
5-6 Turn ¼ right stepping L toe to left (5), Step down on L heel (6) [9:00]
7-8 Turn ½ right stepping R toe to right (7), Step down on R heel (8) [3:00]

[25-32] Cross-Rock-Recover, Shuffle Left, Cross-Rock-Recover, ¼ Turn, Step

1-2 Rock L over R (1), Recover R (2)
3&4 Step L to left (3), Step R next to L (&), Step L to left (4)
5-6 Rock R over L (5), Recover L (6)
7-8 Turn ¼ right stepping R forward (7), Step L forward (8) [6:00]

[TAG] 16 Count Tag After Walls 2 and 5

[1-8] Cross, Point, Cross, Point, Body-Roll, Body-Roll

1-2 Cross R over L (1), Point L to left (2)
3-4 Cross L over R (3), Point R to right (4)
5-6 Move R to front and start body-roll (5), Finish body-roll (6)
7-8 Start body roll (7), Finish body-roll (8)

[9-16] Cross, Point, Cross, Point, 1/2 Pivot (X2)

1-2 Cross R over L (1), Point L to left (2)
3-4 Cross L over R (3), Point R to right (4)
5-6 Step R forward (5), Turn ½ left putting weight on L (6)
7-8 Step R forward (7), Turn ½ left putting weight on L (8)

Have fun, feel the groove, make it cute.

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