

Simply Swims

COPPER **NOB**
BY STEPHEN LEE

拍數: 32 牆數: 2
編舞者: Susie G (UK) - October 2024
音樂: Bad Dreams - Teddy Swims

級數: Absolute Beginner



Intro: 32 counts

Section 1: CROSS ROCK R, RECOVER, CHASSÉE R, CROSS ROCK L, RECOVER, CHASSÉE L

1 – 2 Cross Rock R over L, recover
3 & 4 Step to R side, close L beside, step to R side
5 – 6 Rock L over R, recover
7 & 8 Step to L side, close R beside, step to L side

Section 2: CROSS ROCK R, RECOVER, CHASSÉE ¼ TURN R, CROSS ROCK L, RECOVER, CHASSÉE L

1 – 2 Rock R over L, recover
3 & 4 Step to R side, close L beside, step to R side with ¼ turn R (3 o'clock)
5 – 6 Rock L over R, recover
7 & 8 Step to L side, close R beside, step to L side

Section 3: R TOE STRUT, 2 SHUFFLES FWD, L TOE STRUT

1 – 2 Touch R toe fwd, R heel down
3 & 4 Step fwd L, close R beside, step fwd L
5 & 6 Step fwd R, close L beside, step fwd R
7 – 8 Touch L toe fwd, L heel down

Section 4: CROSS R, POINT L. CROSS L, POINT R. JAZZ BOX ¼ TURN R

1 – 2 Cross R over L, point L to L side
3 – 4 Cross L over R, point R to R side
5 – 6 Cross R over L, step back on L
7 – 8 Step to R on R with ¼ turn R, close L beside (6 o'clock)
