

Feel the Rhythm

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Wandy Hidayat (INA) & Hotma Tiarma Purba (INA) - August 2024
音樂: La vie en rose (DJ Antoine Vs. Mad Mark 2k17 Mix) - DJ Antoine



SEQUENCE: A-B - A-A - A-B - B-A - A-A - A-B

A (32 COUNTS)

I. CROSS MAMBO R-L, CROSS POINT R-L

1&2 Cross R over L, recover on L, step R to side
3&4 Cross L over R, recover on R, step L to side
5-6 Cross R over L, point L to side
7-8 Cross L over R, point R to side

II. ¼ R JAZZ BOX, LONG STEP, HIP BUMPS

1-2 Cross R over L, ¼ turn right step L back (3.00)
3-4 Step R to side, step L forward
5-6 Long step R to side, close L beside R
7&8 Hip bumps R-L-R

III. LONG STEP, HIP BUMPS, KICK BALL CHANGE 2X

1-2 Long step L to side, close R beside L
3&4 Hip bumps L-R-L
5&6 Kick R forward, step down R, step L in place
7&8 Kick R forward, step down R, step L in place

IV. ROCK FORWARD, ½ R SHUFFLE, ¾ R PIVOT

1-2 Rock R forward, recover on L
3&4 ½ Turn right step R forward, close L beside R, step R forward (9.00)
5-6 Step L forward, ½ turn right step R in place
7-8 ¼ Turn right step L to side, touch R beside L (6.00)

B (32 COUNTS)

I. V-STEP, TOE STRUT, ½ L TOE STRUT

1-2 Step R out, step L out
3-4 Step R in, step L in
5-6 Touch R toe forward, step down R
7-8 ½ Turn left touch L forward, step down L (12.00)

II. SIDE ROCK, BEHIND, SIDE, CROSS, SIDE ROCK, BEHIND, SIDE, CROSS

1-2 Rock R to side, recover on L
3&4 Cross R behind L, step L to side, cross R over L
5-6 Rock L to side, recover on R
7&8 Cross L behind R, step R to side, cross L over R

III. SIDE, TOUCH, ¼ L SIDE, TOUCH, ¼ L SIDE, TOUCH, ¼ L SIDE, TOUCH

1-2 Step R to side, touch L beside R
3-4 ¼ Turn left step L to side, touch R beside L (9.00)
5-6 ¼ Turn left step R to side, touch L beside R (6.00)
7-8 ¼ Turn left step L to side, touch R beside R (3.00)

IV. CROSS, SIDE, ¼ R SAILOR, FORWARD, ½ L BACK, COASTER STEP

1-2 Cross R over L, step L to side

3&4 ¼ Turn right cross R behind L, step L beside R, step R forward (6.00)
5-6 Step L forward, ½ turn left step R back (12.00)
7&8 Step L back, close R beside L, step L forward

Enjoy the dance!!

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