

# Embrace It

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Embrace It - Ndotz



**\*NO TAG NO RESTART\***

**\*S1. WALK FORWARD (R-L), FORWARD LOCK SHUFFLE, FORWARD ROCK, ANCHOR STEP\***

1-2            Step R Forward - Step L Forward  
3&4           Step R Forward - Lock L behind R - Step R Forward  
5-6           Rock R forward - Recover on L  
7&8           Rock L back - Recover on R - Step L in place

**\*S2. STEP BACK, V STEP\***

1-4           Step R back - Step L back - Step R back - Step L back  
5-8           Step R diagonal forward - Step L diagonal forward - Step R back to center - Step L together

**\*S3. VAUDEVILLE (R-L), JAZZBOX TURN ¼ RIGHT\***

1&2&          Cross R over L - Step L to side - Touch R heels diagonal forward - Step R together  
3&4&          Cross L over R - Step R to side - Touch L heels diagonal forward - Step L together  
5-8           Cross R over L - Turn ¼ right step L back - Step R to side - Step L forward

**\*S4. DOROTHY STEP (R-L), FORWARD MAMBO, COASTER STEP\***

1-2&          Step R diagonal forward - Lock L behind R - Step R diagonal forward  
3-4&          Step L diagonal forward - Lock R behind L - Step L diagonal  
5&6           Rock R forward - Recover on L - Step R back  
7&8           Step L back - Step R together - Step L forward

**Have fun and happy dancing!**

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