

Break My Stride

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Absolute Beginner
編舞者: Trude Dalene (NOR) - October 2024
音樂: Break My Stride - Bluelagoon



Start dance after the drums kick in, after the lyric : and you said...

WALK FWD R,L,R,L, POINT OUT R, L

- 1-4. Walk fwd R,L,R,L
- 5-8. Point out R, Step R beside L, Point out L, Step L beside R

WALK BACK R,L,R,L, POINT OUT R, L

- 1-4. Walk back R,L,R,L
- 5-8. Point out R, Step R beside L, Point out L, Step L beside R

VINE RIGHT, ROLLING VINE LEFT

- 1-4. Step R, Cross L behind, Step R, Touch L beside R
- 5-8. Step L 1/4 to left, Step 1/2 turn left by stepping R back, Step L 1/4 to left side, Touch R beside L

V- STEP, PADDLE 1/2 TURN LEFT

- 1-4. Step R diagonally fwd, Step L diagonally fwd, Step R back in place, Step Left beside R
- 5-8. Point out R 1/8 turn left, do this 3 more times so it's complete a 1/2 turn left.

Start Again

NO TAGS - NO RESTART

Feel free to change the Rolling Vine to ordinary Vine for easier option.
