

What Can You Do

拍數: 16 牆數: 4 級數: Beginner
編舞者: Harry Heng (INA) - October 2024
音樂: Suit and Tie (Sixteen Tons) - Cooper Alan



I : TOE STRUTS R-L, SIDE, RECOVER, CROSS, TOE STRUTS (L-R), SIDE, ¼ TURN R RECOVER, FORWARD

- 1 & 2& Touch R Toe To R Side (1), Drop Heel Down (&), Touch L Toe Cross Over R (2), Drop Heel Down (&)
- 3 & 4 Step R To R Side (3), Recover On L (&), Cross R Over L (4)
- 5 & 6& Touch L Toe To L Side (5), Drop Heel Down (&), Touch R Toe Cross Over L (6), Drop Heel Down (&)
- 7 & 8 Step L To L Side (7), ¼ Turn R Recover On R (&), Step L Forward (8)

II : FORWARD MAMBO, BACK MAMBO, SYNCOPATED V STEP, JUMP OUT OUT IN IN

- 1 & 2 Step R Forward (1) Recover On L (&), Step R Backward (2)
- 3 & 4 Step L Backward (3), Recover On R (&), Step L Forward (4)
- 5 & 6& Step R Diagonally Forward To (5) Step L To L Side (&), Step R Back To Center (6), Close L Beside R (&)
- 7 & 8& Jump R Out To R Side (7), Jump L Out To L Side (&), Jump R Back To Center (8) Close L Beside R (&)

TAG : 4 COUNTS, SYNCOPATED V STEP, JUMP OUT OUT IN IN TAG AFTER WALL 3 AND WALL 9

- 1 & 2& Step R Diagonally Forward To (1) Step L To L Side (&), Step R Back To Center (2), Close L Beside R (&)
- 3 & 4& Jump R Out To R Side (3), Jump L Out To L Side (&), Jump R Back To Center (4) Close L Beside R (&)

WALL 9 WILL BE THE LAST WALL OF THE DANCE, ON SECTION 1 DO NOT TURN

- 1 & 2& Touch R Toe To R Side (1), Drop Heel Down (&), Touch L Toe Cross Over R (2), Drop Heel Down (&)
- 3 & 4 Step R To R Side (3), Recover On L (&), Cross R Over L (4)
- 5 & 6& Touch L Toe To L Side (5), Drop Heel Down (&), Touch R Toe Cross Over L (6), Drop Heel Down (&)
- 7 & 8 Step L To L Side (7), Recover On R (&), Cross L Over R (8)