

Hit the Floor

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Bambang Satiyawan (INA), Yumiko Miko (INA), Ryan (INA) & Kiki (INA) - October 2024
音樂: Hit the Floor (feat. Dollar Man) - Big Ali



Start dance after 48 Count

***3 Restarts, No Tags

SEC1 : BASIC CHA CHA (RF), TURN ¼ RIGHT FWD, TURN ⅝ LEFT BACK AND SWEEP, SAILOR STEP

123. Step LF to side (1), Rock RF backward (2), Recove on LF (3)
4&5. Step RF to side (4), Close LF beside RF (&) Step RF to side (5)
6-7. Turn ¼ Right Step LF forward (6), Turn ⅝ Left Step RF back and sweep LF back (7)
8&1. Step LF back (8), Close RF beside LF (&) Step LF forward (1)

*** Restart here on Wall 4,8 and 12

On count

7 8&. Turn ¾ step RF back and sweep LF back (7), Cross LF behind RF (8), Step LF next to RF

SEC2 : SYNCOPATED FWD LOCK SHUFFLE, DIAMON WITH HITCH TURN ⅞ LEFT

2&3. Step LF forward (1), Step RF forward (2), Lock LF behind RF (&), Step RF forward (3)
&4&5. Lock LF behind RF (&), Step RF forward (4), Lock LF behind RF (&), Step RF forward (5)
6&7. Cross LF over RF (6), Step RF to side (&), Step LF back with hitch RF (7)
8&1. Step RF back (8), Turn ⅞ Left Step LF to side (&), Cross RF over LF (1)

SEC3 : SWAY, CHASSE LEFT, TIME STEP (L-R)

2-3. Step LF to side and sway Left (2), sway Right (3)
4&5. Step LF to side (4), Close RF beside LF (&), Step LF to side (5)
6&7. Close RF beside LF (6), Step LF in place (&), Step RF to side (7)
8&1. Close LF beside RF (8), Step RF in pace (&). Step LF to side (1)

SEC4 : FWD CHECK, TRIPLE STEP FULL TURN, CROSS ROCK, RECOVER, SWEEP BEHIND, TOGETHER

&23. RF forward (&), Cross LF behind RF (2), Recover on RF (3)
4&5. Turn ½ Right Step RF forward (4), Turn ¼ Right Step LF next to RF (&) Turn ¼ Right Step RF forward (5)
6-7. Rock cross LF over RF (6), Recover on RF and sweep LF back (7)
8-&. Cross LF behind RF (8), Close RF beside LF (&)

enjoy the dance for info please contact us :

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