

Dr. Dancefloor

拍數: 32 牆數: 4 級數: Beginner
編舞者: Chrystel DURAND (FR) & Ivonne Verhagen (NL) - October 2024
音樂: Dr. Dancefloor (Radio Mix) - Rachel Kramer & Dr. Dancefloor



Intro: 16 counts, approx. 8 seconds (on vocals)

SEC 1 CROSS, SIDE, SAILOR STEP, CROSS, SIDE, BEHIND & CROSS

1-2 RF cross over LF, LF step side
3&4 RF cross behind LF, LF step in place, RF step side
5-6 LF cross over RF, RF step side
7&8 LF cross behind RF, RF step side, LF cross over RF

SEC 2 ROCK ¼ TURN LEFT, WALK WALK, HALF PADDLE TURN

1-2 RF rock side, recover with ¼ turn left (weight ends on LF) (9h)
3-4 RF step forward, LF step forward

*** TAG in wall 8

5-6 Turn ⅛ left point right to right, turn ⅛ left point right to right (6h)
7-8 Turn ⅛ left point right to right, turn ⅛ left point right to right (3h)

** Restart in wall 3

SEC 3 STEP, KICK, COASTER STEP (2X)

1-2 RF step forward, LF kick forward
3&4 LF step back, RF close to LF, LF step forward
5-6 RF step forward, LF kick forward
7&8 LF step back, RF close to LF, LF step forward

SEC 4 JAZZ BOX, STEP 2X BOUNCE ¼ TURN LEFT, FLICK

1-2 RF cross over LF, LF step back
3-4 RF step side, LF step forward
5-6 RF step forward, bounce ¼ turn left on both feet (12h)
7-8 bounce ¼ left on both feet, Flick RF back (9h)

** Restart in wall 3 after 16 counts

*** Tag in wall 8 after 12 counts

~TAG: Actually super simple - walk around to another place:

(But to make it more fun you can do it like this□)

~4 COUNTS "word: CALL" without beat: Hold 4 counts (optional "call hand movement")

~32 COUNTS Use 32 counts to walk around to go to another place (optional give high 5's to others)

~4 COUNTS jump out RF & LF & hold for 3 counts (no beat) to start the dance from the top - Front wall 12:00

Last Update - 24 Nov. 2024 - R2