

Gone The Extra Mile (P)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 0 級數: Improver - Partner / Circle
編舞者: Heidi Cluck (Warmkessel) (USA) - October 2024
音樂: Miles On It - Marshmello & Kane Brown



Classic country partner dance!
Start dance in sweetheart position
Lead and follow steps the same unless specified
32 Count intro Start on "Miles on it".

(1-8) SHUFFLE, SHUFFLE, ROCK, RECOVER, TURN

1&2 Shuffle RLR
3&4 Shuffle LRL
5 6 Rock R foot forward recover L
7&8 LEAD Shuffle RLR ¼ turn R to face follow
7&8 FOLLOW Shuffle RLR ¾ turn over R shoulder to face lead

(9-16) GRAPE VINE LEFT, ROLLING GRAPE VINE RIGHT

1,2,3,4 Step L to L, cross R behind L, step L TO L, tap R next to L holding R hands
Clap hands with other dancer next to you
5,6,7,8 Step R to R, Step L with 1/2 turn over R shoulder, step R with 1/2 turn over R shoulder, tap L next to R holding L hands

(17-24) KICK BALL CHANGE X2, SHUFFLE ½ TURN, COASTER STEP

1&2 Kick R forward, Step R on ball of foot, replace weight on L
3&4 Kick R forward, Step R on ball of foot, replace weight on L
5&6 Shuffle RLR ½ turn to switch places
7&8 Step L back, R back, L forward

(25-32) KICK BALL CHANGE X2, SHUFFLE ½ TURN, SHUFFLE TURN

1&2 Kick R forward, Step R on ball of foot, replace weight on L
3&4 Kick R forward, Step R on ball of foot, replace weight on L
5&6 FOLLOW SHUFFLE RLR ½ TURN
5&6 LEAD Shuffle RLR
7&8 FOLLOW Shuffle turn LRL back to sweetheart hold facing line of dance
7&8 LEAD Shuffle LRL

End of dance - Repeat

For questions please email DancewithHeidiW@gmail.com
Facebook: <https://www.facebook.com/dancewithheidiw>
YouTube: <https://www.youtube.com/@dancewithheidi9613>

Last Update: 6 Jan 2025