

Shake Me Up (흔들어주세요)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Russibell Seoh (KOR) - October 2024
音樂: Shake Me Up (흔들어주세요) - So Yumi (소유미)



Intro : 32 Counts

Tag (8 Counts) After Wall 3 (9:00)

1234 Cross R Over L , Cross L Over R, Step R To R Diagonal Back , L Side
5678 Hip Sway R L R L

Tag (4 Counts) After Wall 7 (9:00) And Wall 10 (6:00)

1234 Rocking chair

No Restarts !

Sec1 : Cross R Over L , Point L To L Side , Cross L Over R , Point R To R Side , L Hip Bump Four Times

1234 Cross R Over L , Point L To L Side , Cross L Over R , Point R To R Side
5678 L Hip Bump Four Times

Sec2 : 1/4 R Turn Jazzbox , R Side , Touch Cross L Over R ,L Side , Touch Cross R Over L

1234 Cross R Over L , Step L To L Diagonal Back , 1/4 R Turn R Side (3:00) , Cross L Over R
5678 R Side , Touch Cross L Over R ,L Side , Touch Cross R Over L

Sec3 : Rock R Fwd , Recover On L , 1/2 R Turn R Shuffle ,Step L Fwd , Pivot 1/2 R Turn On R , L Shuffle Fwd

1 2 Rock R Fwd , Recover On L
3&4 1/4 R Turn R Side , Close L Next To R , 1/4 R Turn Step R Fwd
5 6 Step L Fwd , Pivot 1/2 R Turn On R
7&8 Step L Fwd , Lock R Behind L , Step L Fwd (3:00)

Sec4 : Cross R Rock , Recover On L , R Side Rock , Recover On L , Close R Next To L & Swivel Both Heels To R , Both Heels Swivel To L , Both Heels Swivel To R , Flick R

1234 Cross R Rock , Recover On L , R Side Rock , Recover On L
5678 Close R Next To L & Swivel Both Heels To R , Both Heels Swivel To L , Both Heels Swivel To R , Flick R

Styling :As soon as you put your legs together, bend your knees and swivel both heels as you come up from the bottom. and Gradually straighten both knees upward.

Happy Dancing !!