

Work It!

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Hayley Wheatley (UK) - September 2024
音樂: Powerful Women - Pitbull & Dolly Parton



Intro: 16 Counts

S1: SIDE STEP, TOUCH ACROSS, SIDE STEP, TOUCH ACROSS, RIGHT GRAPEVINE

1-2 Step RF to R Side (1), Touch L toe across (2), 12:00
3-4 Step LF to L Side (3), Touch R toe across (4), 12:00
5-6 Step RF to R Side (5), Step LF behind R (6) 12:00
7-8 Step RF to R side (7), Touch L toe beside RF (8) 12:00

S2: HEEL TAP, HEEL TAP, GRAPEVINE LEFT WITH 1/4 TURN BRUSH

1-2 Tap L Heel fwd (1), Close LF beside RF (2) 12:00
3-4 Tap R Heel fwd (3), Close RF beside LF (4) 12:00
5-6 Step LF To L Side (5), Step RF behind LF (6) 12:00
7-8 Step fwd on LF making 1/4 turn L (7), Brush RF fwd(8) 9:00

S3: ROCKING CHAIR, PIVOT 1/4 TURN X2

1-2 Rock fwd on RF (1), Recover on LF (2), 9:00
3-4 Rock back on RF (3), Recover on LF (4) 9:00
5-6 Step fwd on RF (5), Pivot 1/4 turn L (6) 6:00
7-8 Step fwd on RF (7), Pivot ¼ turn L (8) 3:00

S4: STEP POINT, STEP POINT, JAZZBOX WITH SHIMMIES

1-2 Step RF fwd (1), Point L toe to L Side (2) 3:00
3-4 Step LF fwd (3), Point R toe to R Side (4) 3:00
5-6 Cross RF Over LF (5), Step back on LF (6), 3:00
7-8 Step RF to R side (7), Step fwd slightly on LF (8)

Note: Shimmy the shoulders on these last 8 counts of the dance for some extra fun! 3:00
