We Pray



拍數: 32

級數: Beginner / High Beginner

編舞者: Penny Musick (USA) - October 2024

牆數: 4

音樂: WE PRAY - Coldplay, Little Simz, Burna Boy, Elyanna & TINI



#32 Ct Intro

No tags or restarts

[1-8] Step R to R frt corner bounce frt, bk, frt, step L forward to L corner repeat (I call this section a bounce section at the end when turning to face 9 a clock wall sweep r foot over L foot a smoother transition

- 1- Step forward on R ft to R frt corner at the same time your R hip goes forward
- 2-3 L hip goes bk R hip goes forward
- 4- step L forward to L cornerh
- 5-7 L hip forward, R hip bk, L hip forward
- 8- step L, sweep R around to turn to face the 9 a clock wall

*2nd-8 weave L and R

- 1-4 (weave) cross R in frt if L, step L side, cross R behind L, touch L out to L side
- 5-8 reverse/ on count 8 step on R instead of pointing

*3rd -8 L rocking chair, L pivot, step L, flick R bk

- 1-4 L rocking chair
- 5-6 step L pivot over R shoulder to 3 a clock step R
- 7- step L in place
- 8- flick R back

*4th -8 V step starting on R and R arm then L to Praying hands

- 1-4 V step starting on R Step R forward to R corner. Step L forward to L corner Step R back in place, Step L back in place
- 5- take R hand down and out to R side and back in to the middle of the chest
- 6- same thing except with the L meet both in middle of chest in praying hands
- 7-8 shrug shoulders

Repeat Dance

Last Update: 30 Oct 2024