Red-Nosed Rudolph

拍數: 32

級數: Beginner

編舞者: Susan Reynolds (USA) - October 2024

- 音樂: Rudolph The Red-Nosed Reindeer (feat. Jayden Toney, Jenna Toney & Marcus Toney) - Meghan Trainor
 - 或: Rudolph, The Red-Nosed Reindeer Gene Autry

Music: Rudolph the Red-Nosed Reindeer by Meghan Trainor (faster) or Gene Autry (slower)

Intro: Wait until all the reindeer are named (or improvise something) then, "But do you recall, the most famous reindeer of all" Start with the word "Rudolph"

STEP TOUCH 2X, VINE RIGHT CROSS

- 1-4 Step R to R side, Touch L beside R, Step L to L side, Touch R beside L
- 5-8 Step R to R side, Step L to side behind R, Step R to R side, Step L crossing in front of R

MONTEREY ¼ TURN, JAZZ BOX

- Point right ¼ to right side, Step on Right completing the ¼ turn 1-2
- 3-4 Point Left to left side, Step on left beside right
- 5-8 Cross R over L, Step L backward, Step R to R side, Step L slightly forward

K STEP

- Step R diagonally forward, Touch L beside R 1-2
- 3-4 Step L diagonally back to place, Touch R beside L
- 5-6 Step R diagonally backward, Touch L beside R
- 7-8 Step L diagonally back to place, Touch R beside L

ROCK FORWARD, RECOVER, SHUFFLE ½ TURN RIGHT, ROCK FORWARD, RECOVER STEP BACK, TOUCH

- 1-2 Rock R forward, Recover on L
- 3&4 Shuffle 1/2 turn R (RLR)
- 5-6 Rock L forward, Recover on R
- 7-8 Step L backward, Touch R beside L

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牆數: 4