This Is Me



拍數: 16 牆數: 4 級數: Beginner

編舞者: Wandy Hidayat (INA) - October 2024

音樂: This Is Me - Peaceful Melodies



Intro: 8C - No Tag - 1 Restart

SEC 1: SERPIENTE - (CROSS ROCK, RECOVER, SIDE) R-L

1-2& Cross R over L & sweep L to front, cross L over R, step R to side
3-4& Cross L behind R & sweep R to back, cross R behind L, step L to side

5-6& Rock R over L, recover on L, step R to side 7-8& Rock L over R, recover on R, step L to side

Restart here on wall 5

SEC 2: 1/4 L NC - NC - SWAY R-L, WALK R-L

1-2& 1/4 turn Left step R to side, cross L slightly behind R, cross R over L

3-4& Step L to side, cross R slightly behind L, cross L over R

5 - 6 Step R to side & sway to Right, sway to Left

7 - 8 Step R forward, step L forward

Restart on wall 5 after 8 counts

Enjoy The Dance!

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