

Lil Bit

拍數: 32 牆數: 4 級數: High Improver
編舞者: Brianna Carder (USA) - October 2024
音樂: Lil Bit - Nelly & Florida Georgia Line



Dance begins 16 counts into the song

Restart on wall 4 after 16 counts (facing 9:00)

[1-8] Side, Behind, and Heel and Cross x 2

1, 2 Step R to R side, Step L Behind R
&3 Step R to R side, L heel to L side
&4 Step in place on L, cross R over L
5, 6 Step L to L side, Step R Behind L
&7 Step L to L side, R heel to R side
&8 Step in place on R, cross L over R

***Styling notes: on counts 1 and 5, optionally dancers may stomp. Additionally, between counts 1, 2 and between counts 5, 6, dancer may add a small sweep with the other leg, so that the step pattern would become: stomp R to R side with L sweep back, step L behind R (1,2), and then later stomp L to L side with R sweep back, step R behind L (5,6)**

[9-16] Hinge Turn, Cross Shuffle, 1/4 Rock, Recover, 1/4 Back, Side, 1/4 Forward

1, 2 1/4 turn to left stepping R back, 1/4 turn to left stepping L side
3&4 Step R across L, Step L next to R, Step R across L
5, 6 1/4 turn to left rocking weight forward on L, recover weight back on R
7&8 1/4 turn to right stepping L back, continuing to rotate to right stepping R to side, 1/4 turn to right stepping L forward

***Restart dance during wall 4 after count 16, facing 9:00**

[17-24] Rock, Recover, Coaster Step, Stomp, Kick, Full Turn Triple

1, 2 Rock R forward, recover weight back on L
3&4 Step R back, Step L next to R, Step R forward
5, 6 Stomp L next to R, Kick L forward
7&8 Full turn counterclockwise stepping LRL

[25-32] Shuffle Forward, 1/2 Pivot Turn, Shuffle Forward, Stomp, Stomp

1&2 Step R forward, Step L next to R, Step R forward
3, 4 Step L forward, pivot 1/2 turn to right, step R forward
5&6 Step L forward, Step R next to L, Step L forward
7, 8 Stomp R to R side, Stomp L to L side

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