Let's Start To Swing



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Petra Ott (DE) - October 2024 音樂: Return to Sender - Elvis Presley



Begin the dance on vocals

Section 1: chasse right, rock back, rock left, rock back

1&2	RF step to R side, LF step next to RF, RF step to R side
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3, 4
5, 6
LF rock side, RF recover
LF rock back, RF recover
RF recover

Section 2: chasse left, rock back, 2x step touches

1&2	I Fisten to I side	. RF step next to LF	I F sten to I side
IXZ	LI SIED ID L SIDE	. IN SIED HEXLID LI	. LI SIED IU L SIUE

3, 4 RF rock back, LF recover

5, 6 RF step to R side, LF tap beside RF7, 8 LF step to L side, RF tap beside LF

Section 3: rumba box with chacha steps (lock steps fwd and bw)

1,2	RF step to R side, LF step beside RF	Ξ
1.4	THE SIGN TO IN SINC. LET SIGN DESING IN	

3&4 RF step fwd, LF lock behind RF, RF step fwd

5, 6 LF step to L side, RF step beside LF

7&8 LF step bw, RF cross before LF, LF step bw

Section 4: rock back, step 1/4 turn, kick-ball-change, 2x step in place

1,2 RF rock back, LF recover

3,4 RF step fwd, ¼ turn L and LF step in place 5&6 RF kick fwd, RF step on ball, LF replace 7,8 RF step in place, LF step in place

End of dance