

Hold My Horses

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Marianne Langagne (FR) - 17 October 2024
音樂: Hold My Horses - Max Jackson



*****2 Restarts (2nd – 5th Walls)**

Intro : 16 Counts (Start on the lyrics)

Sequences : 32 – 16R – 32 – 32 – 16R – 32 – 32 – 32 – 32 – 12 - Final

S1 JAZZ BOX ½ TURN R, DIAGONALLY COASTER STEP , KICK BALL STEP

1-2-3-4 Cross RF Over LF, LF Back in ¼ Turn R, RF to the R (3:00), ¼ Turn R – LF to the L (6:00)
5 & 6 1/8 Turn R - RF Back, Together, RF Fwd (7:30)
7 & 8 Kick LF, Ball LF next to RF, RF Fwd

S2 CROSS SHUFFLE, R SIDE SHUFFLE , ¼ TURN L COASTER STEP , KICK BALL STEP

1&2 1/8 Turn L – Cross LF over RF, RF to the R, Cross LF over RF (6:00)
3&4 RF to the R, Together, RF to the R
5&6 ¼ Turn L – LF Back, Together, LF Fwd (3:00)
7&8 Kick RF , Pose Ball R, LF Fwd

Here Restarts : 2nd Wall (facing 12:00), 5th Wall (facing 9:00)

S3 TRIPLE STEP, HEEL, FLICK, HEEL, HOOK, TRIPLE STEP, ROCK STEP

1&2 RF Fwd, Together, RF Fwd
3&4 Heel L Fwd, Flick LF Backwards, Heel L Fwd
& Hook L in front of R Leg
5&6 LF Fwd, Together, LF Fwd
7-8 RF Fwd, Recover on LF

S4 BACK FULL TURN *, COASTER STEP, STEP ½ TURN R , TRIPLE FWD C

1-2 ½ Turn R – RF Fwd (9:00) , ½ Turn R – LF Back (* Option Back RF – LF)
3&4 RF Back, Together, RF Fwd
5-6 LF Fwd, ½ Turn R (Weight on RF) (9:00)
7&8 LF Fwd, Together, LF Fwd

FINAL : After R Side Shuffle Continue with - COASTER STEP, RF FWD, POINT L BEHIND RF

Dance & have fun !!!!

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