

Wo Zhen Pa Zi Ji Na Tian Dao Xia (我真怕自己哪天倒下)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Yanti Tannjoek (INA) - October 2024
音樂: Wo Zhen Pa Zi Ji Na Tian Dao Xia (我真怕自己哪天倒下) - Zhang Liang (張良)



No Tag No Restart
Start Dance on Vocal

Intro Dance

SEC 1 : SIDE - ROCK - TRIPPLE STEP (R&L)

123&4 step RF to side, step LF in place, step RF beside LF, step LF in place, step RF in place
567&8 step LF to side, step RF in place, step LF beside RF, step RF in place, step LF in place

SEC 2 : VSTEP, PADDLE TURN 1/4 LEFT (TWICE)

1-4 step RF forward diagonally, step LF forward diagonally, step back RF to centre, step LF beside RF

SEC 3 : REPEAT SEC 1

SEC 4 : REPEAT SEC 2

Main Dance

SEC 1 : BASIC CHACHA

123&4 step RF forward, step LF in place, step RF backward, step LF beside RF, step RF backward
567&8 step LF backward, step RF in place, step LF forward, step RF beside LF, step LF forward

SEC 2 : CROSS - ROCK - SIDE SACHEE - FULL TURN RIGHT - SIDE SACHEE

123&4 cross RF over LF, step LF in place, step RF to side, step LF beside RF, step RF to side
567&8 turn 1/4 stepping LF forward, turn 3/4 right, step LF to side, step RF beside LF, step LF to side

SEC 3 : TOE STRUT R&L - JAZZBOX TURN 1/4 RIGHT

1-4 step RF backward, touch LF beside RF, step LF backward, touch RF beside LF
5-8 cross RF over LF, step LF back, turn 1/4 right stepping RF to side, cross LF over RF (03.00)

SEC 4 : SIDE SACCHE BACK ROCK RNL

1&2 step RF to side, step LF beside RF, step RF to side
3-4 step LF backward, recover on R
5&6 step LF to side, step RF beside LF, step LF to side
7-8 step RF backward, recover on L

Happy Dance,
Regards,

Yanti Tannjoek